

The Shasta Caster

The Monthly newsletter of the Shasta Trinity Fly Fishers,
an organization dedicated to fly fishing and individuals who love the sport.

www.shastatrinityflyfishers.org

February 2014

The President's _____ Line

During the first quarter 2014, we have three major activities that require the attention and action of every STFF member, namely:

#1: Membership renewal for 2014

Renew your STFF membership for 2014! Recently you received a renewal form in the USPS mail for your Shasta Trinity Fly Fishers membership for next year. We ask your cooperation in completing the renewal form and mailing with your \$35 check as soon as possible. Each year STFF strives to publish a membership roster as early in the year as possible, but unless all the members complete their renewals in a timely manner, the publication of the roster is delayed. So, please find the renewal letter that you received, complete it now and mail it today!

2: The 2014 Banquet "Fly Fishing Fantasy-2014"

Take the time today to make your reservations for "Fly Fishing Fantasy-2014"

This year's banquet promises to be the best ever with:

- A performing magician during the cocktail and pre-dinner times.
- New bidding options and exciting silent auctions.
- Lots and lots of fly fishing gear; over \$15,000 in value.
- Plus exciting outdoor artwork, carvings and figurines.
- Tons of raffle items.
- A great buffet dinner and an open 'no host' bar.

Your reservation package was mailed to you several weeks ago, but if you have any questions contact Jim Jensen at: jroyi@aol.com or 229-1021.

#3: Donations to the Clubhouse Building Fund

Review the building project information folder to consider how you can help make this project a reality. STFF has established a special committee to generate, manage and implement plans and strategies aimed at acquiring construction funds [totaling \$250,000] through applications to charitable foundations, [various donation options for STFF's members](#) and programs designed to solicit donations from other entities.

In that regard, [each member recently received a folder which provides information on how to donate to the clubhouse project.](#) STFF's committee has provided a variety of donation options, both small and large, so that every member might chose an alternative that fits their individual level of comfort. Whether the donation is a few dollars or a few hundred dollars, [it is our hope that everyone will contribute at some level to support this important project.](#)

Remember: "It will take a club to build a clubhouse!"

-- Dick Recchia, President

Officers

President	Dick Recchia rdrservices@frontiernet.net	547-9720
Vice Pres	Jim Jensen iroyj@aol.com	229-1021
Secretary	Liesje Blank liesje30@gmail.com	222-3036
Treasurer	Allen Cordy kacordy@gmail.com	547-4242
Finance Admin	Don Bovo bovo@sbcglobal.net	244-5718

Directors

	Jerry Marks jerrymarks@digitalpath.net	365-6893
	Kathie Burns kburns49664@gmail.com	474-5699
	Ralph Lestarjette redrdl3@gmail.com	524-9975
	Jim Tornillo james.tornillo@gmail.com	246-1669

Committee Chairpersons

Annual Banquet	Jim Jensen iroyj@aol.com	229-1021
Community Serv.	Open	
Conservation	Open	
Fish Camp	Ralph Lestarjette redrdl3@gmail.com	524-9975
Scholarship	Creighton Smith cr8smith@gmail.com	243-4388
Fishouts		
Fly Casting	Guy Manning grhen@ix.netcom.com	222-2601
Fly Tying	Dale Huffman dalesfishing@sbcglobal.net	221-4988
	Alan Jones alanjerri@yahoo.com	246-2528
	Jan Hale lilybill@sbcglobal.net	275-9668
Intermediate Fly Tying Roundtable	Jim Gunderson jimgunderson@frontier.com	351-1549
Hospitality	Jerry Marks jerrymarks@digitalpath.net	365-6893
Mayflies	Linda Slater cam2ndd@aol.com	246-0541
Coordinator		
Membership	Art Agnew artagnew@att.net	722-0957
Librarian	Open	
Newsletter	Lynn Smith cr8smith@gmail.com	243-4388
Programs	Dick Recchia rdrservices@frontiernet.net	547-9720
Project Healing Water	Steve Spry crusin1950@yahoo.com	241-9899
Trout in the Classroom	Allan Craig acangler@c-zone.net	247-7481
	Tom Taylor tmtaylor21@aol.com	549-3529
Spey Casting	Bill Lenheim lenheimw@msn.com	223-6090
Youth Program	Ralph Lestarjette redrdl3@gmail.com	524-9975

February 2014 Calendar of Events

3	Project Healing Waters STFF Clubhouse at 6:00 PM
4	How to Fish Local Waters -- Fall River STFF Clubhouse at 6:30 PM
5	Project Healing Waters STFF Clubhouse at 3:00 PM
5	STFF Board Meeting STFF Clubhouse at 6:30 PM
5	Intermediate Fly Tying Class CANCELLED
10	Project Healing Waters STFF Clubhouse at 6:00 PM
11	How to Fish Local Waters -- Pit River STFF Clubhouse at 6:30 PM
12	General Membership Meeting Park Marina Events Center at 6:00 PM
13	Fellowship Breakfast Country Kitchen at 8:30 AM
13	Mayflies Meeting Angelo's Pizza at 12:00 PM (Noon)
13	Beginning Fly Tying STFF Clubhouse at 6:00 PM
16	Spey Casting Posse Grounds at 9 AM
17	Project Healing Waters STFF Clubhouse at 6:00 PM
18	How to Fish Local Waters -- Manzanita STFF Clubhouse at 6:30 PM
19	Fishout - Baum Lake No Fishmaster
19	Project Healing Waters STFF Clubhouse at 3:00 PM
20	Beginning Fly Tying STFF Clubhouse at 6:00 PM
21-23	Pleasanton, CA -- Fly Fishing Show Alameda County Fairgrounds
24	Project Healing Waters STFF Clubhouse at 6:00 PM
25	Junior Fly Tying Class STFF Clubhouse at 6:30 PM
26	Project Healing Waters STFF Clubhouse at 3:00 PM
27	Fellowship Breakfast Country Kitchen at 8:30 AM
27	Beginning Fly Tying STFF Clubhouse at 6:00 PM

2014 STFF Fishout Calendar

DATE	LOCATION	Fishmaster	Email	Phone
Feb-19	Baum Lake (3rd Wed)*	--		
Mar-19	Baum Lake (3rd Wed)*	--		
Mar - TBA	Lower Sac (Wade or Float)	Alan Jones	jerrialan@sbcglobal.net	
Apr-1	Trinity River (Fly only Water)	TBA	-	
Apr-16	Baum Lake (3rd Wed)*	--		
Apr - TBA	Lewiston Lake	Benson Kanamoto	sevenx@aol.com	
May-21	Baum Lake (3rd Wed)*	--		
May - TBA	Shasta Bass (Power Boats & Pontoons)	Art Agnew	artagnew@att.net	722-0957
Jun-18	Baum Lake (3rd Wed)*	--		
Jul-16	Baum Lake (3rd Wed)*	--	-	
Aug-20	Baum Lake (3rd Wed)*	--		
TBA	Upper Sac	Craig Nielson	craig@shastatroun.com	337-6877
Sep-10	Manzanita Lake	Alan Slattery	ajeslattery@yahoo.com	
Sep-17	Baum Lake (3rd Wed)*	--		
Oct - TBA	Owyhee	Creighton Smith	cr8smith@gmail.com	243-4388
Oct-15	Baum Lake (3rd Wed)*	--		
Oct - TBA	Shasta Lake (Trout)	Allen Cordy	kacordy@gmail.com	547-4242
Nov-19	Baum Lake (3rd Wed)*	--		
Nov -TBA	Trinity River	OPEN	-	
Dec-17	Baum Lake (3rd Wed)*	--		
Dec - TBA	Trinity River	Jim Murphy	jimpalocedro@gmail.com	547-4421

Members, please remember to wear your nametags to all STFF events!

The above schedule is tentative and all Fishouts are subject to change. Please sign up at our monthly meeting or call the Fishmaster directly; contact info are provided in table above.

*Baum Lake (3rd Wed) -- Because of its close proximity and abundant fish, there will be a monthly fishout scheduled for the third Wednesday of each month at Baum Lake with no fishmaster assigned. Call Creighton if you need more information or have questions.

Bonus Fishouts may be announced. If you sign up and later find that you can't attend, please advise the Fishmaster.

-- **Creighton Smith, Fishout Coordinator**

**email: cr8smith@gmail.com
home: (530) 243-4388**

STFF Membership Meeting -- Wednesday, February 12th

Location: UPEC Park Marina Events Center*, 1800 Park Marina Drive, Redding

Hospitality at 6:00 PM Business Meeting starts at 6:30 PM

(*located South of HWY 44 across from Turtle Bay Museum)

Nothing new in Fly Fishing? Think again!

Come to STFF's February 12th meeting to learn about

Fly-Fishing Tenkara Style

A very special and unique presentation by Lance Gray

Tenkara is the Japanese traditional form of fly fishing. It's a simple technique that is becoming popular with fly fishing enthusiasts everywhere. This presentation highlights the fisheries that this style of fly-fishing is great for and also gives the club member a hands-on look into Tenkara Rods, flies and techniques. This simple way of fly-fishing will take you back to your youth, fishing small streams and enjoying fish rising to dry flies.

Volunteers Needed for the Fly Tying Expo

Attention STFF Members, the "Third Annual Northern California Fly Tying Expo" is coming to Turtle Bay. On Saturday and Sunday, April 5 & 6, we will have over 50 visiting fly tyers from northern California and Oregon tying their favorite and proven patterns at Turtle Bay.

They will be tying during two sessions each day, 10:00 AM to 12:30 PM and 1:00 to 3:30 PM. In addition we will have areas setup so members of the public can learn to tie a fly or learn to cast a fly. In order to make this a success, we need volunteers to help staff these activities. It would be extremely helpful if you take a look at your calendar and be ready to sign up at the February club meeting for one or more of the following activities.

- Hands-on Fly Tying Coaches
- Guides/ Helpers (to help tyers setup and provide directions/info to the public)
- Hands-on Casting (instructors and helpers)
- Presentation Classroom (Setup & Takedown)
- Reception / Dinner (Setup, Takedown & Food Servers)

Volunteers will receive free admission to Turtle Bay and an invitation to the Reception / Dinner on April 5th.

Fly Tyers, on Sunday, April 6, we will need club tyers to do demonstration tying during the afternoon session, 1:00 to 3:30 PM, as this will allow the visiting tyers that need to leave time to clean up and travel home. If you are interested in participating please contact "Stew" Stewart at rstewart@frontiernet.net.



Above: January 18, 2014 -- STFF's Midge Mania Event -- The very busy STFF "elves" tying many, many, many midges to benefit the building project fundraiser.

2014 Membership Renewals

Recently you received a renewal form via USPS mail for your 2014 Shasta Trinity Fly Fishers membership. We ask your cooperation in completing the renewal form and mailing with your \$35 check as soon as possible.

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So, please find the renewal letter that you received, complete it now and mail it today!
Thanks!!

Make Your Reservations for the 2014 STFF Banquet

"Fly Fishing Fantasy-2014"

March 22, 2014 Win-River Casino, Redding CA

This year's banquet promises to be the best ever with a performing magician during the cocktail and pre-dinner social hour, new bidding and exciting silent auctions.

**Lots and lots of fly fishing gear with over \$15,000 in value.
Plus exciting outdoor artwork, carvings and figurines.
Tons of raffle items!**

A no-host bar & a great buffet dinner!!

Your reservation package was mailed to you several weeks ago. If you have questions, please contact Jim Jensen at: jroyi@aol.com or 229-1021

Mayflies Corner

The Mayflies met at Angelo's Pizza Jan. 9th for business, planning and a bit of social. After two transitional years of co-coordinating the Mayflies into STFF, Lorna Oden and Cris Hartman stepped aside to let Linda Slater step up to coordinate Mayflies activities and to work with Kathie Burns and Liesje Blank, as STFF Directors.

I would like to personally thank both Cris and Lorna for doing a very good job during some rough years, moving the Mayflies from an independent club into a unit within the Shasta Trinity Fly Fishers. And I want to thank the Directors of STFF for helping with this transition too.

The Mayflies now have a super variety of fishing and fly fishing education and opportunities that wasn't available before, so let's take advantage of them, shall we? We will still hold our most popular and smaller Outings and Fundraisers. Starting in February we will have a lunch or dinner meeting every other month to encourage getting to know each other better and setting up outings. **The next Mayflies meeting will be on Feb 13 (Thurs) at Angelo's Pizza Parlor on California St. at noon.**

Our 2014 schedule will include our annual Trinity River outing for the newly released steelhead that beginners and experienced folks love. We will continue our annual fundraisers with special outings to Lake Christine and Rock Creek. So, Mayflies, watch for a schedule of Outings arriving in your email box soon. It's a new year with new beginnings, so please, let's make a few days of fishing a priority for 2014. Let's make memories with good times, fish, food and wine - the Mayfly way. Questions and comments: cam2ndd@aol.com or phone me directly, if I can help: [530-246-0541](tel:530-246-0541)

-- Linda Slater, Mayflies Coordinator

STFF CLUBHOUSE - MONTHLY AGENDA – FEB 2014

1872 Buena Ventura Blvd. Suite # 3, Redding, CA

DAY	DATE	TIME	EVENT	LEADER
Mon	Feb-3	6:00 PM	Project Healing Waters	Steve Spry
Tues	Feb-4	6:30 PM	How to Fish Local Waters - Fall River	Craig Nelson
Wed	Feb-5	10:00 AM	Private Youth Education Program*	Eva Varga
Wed	Feb-5	3:00 PM	Project Healing Waters	Steve Spry
Wed	Feb-5	6:30 PM	STFF Board Meeting	Dick Recchia
Mon	Feb-10	6:00 PM	Project Healing Waters	Steve Spry
Tues	Feb-11	6:30 PM	How to Fish Local Waters - Pit River	Craig Nelson
Wed	Feb-12	10:00 AM	Private Youth Education Program*	Eva Varga
Thu	Feb-13	6:00 PM	Beginners Fly Tying Class**	Dale Huffman
Mon	Feb-17	6:00 PM	Project Healing Waters	Steve Spry
Tue	Feb-18	6:30 PM	How to Fish Local Waters - Manzanita Lake	Craig Nelson
Wed	Feb-19	10:00 AM	Private Youth Education Program*	Eva Varga
Wed	Feb-19	3:00 PM	Project Healing Waters	Steve Spry
Thu	Feb-20	6:00 PM	Beginners Fly Tying Class**	Dale Huffman
Mon	Feb-24	6:00 PM	Project Healing Waters	Steve Spry
Tue	Feb-25	6:00 PM	Junior Fly Tying	Tom Taylor
Wed	Feb-26	10:00 AM	Private Youth Education Program*	Eva Varga
Wed	Feb-26	3:00 PM	Project Healing Waters	Steve Spry
Thu	Feb-27	6:00 PM	Beginners Fly Tying Class**	Dale Huffman

* STFF is allowing the use of our classroom for a special private youth education program presented by Eva Varga.

** Class required pre-registration with instructor.

Christmas Island Trip

Christmas Island Trip - *Last month to sign up for special offer and only TWO spots left!!!* Wading miles of beautiful salt water flats hunting for bonefish.... **YOU KNOW YOU WANT TO GO!!!** The dates are April 29 - May 6, 2014.

Contact Allan at allanangler@gmail.com or 247-7481. -- Allan Craig

Worried about outliving your retirement savings?



Allen Cordy, CFP®, AAMS®
Financial Advisor
9444 Deschutes Rd
Palo Cedro, CA 96073
530-547-4242

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A free program provided to wounded, injured and disabled veterans by

Project Healing Waters Fly Fishing - Shasta County

The Project's program provides basic fly fishing, fly casting, fly tying and rod building classes, along with clinics for wounded and injured personnel ranging from beginners to those with prior fly fishing and tying experience who are adapting their skills to their new abilities.

All fly fishing and tying equipment is provided to the participants at no cost. Fishing trips, both one day and multi-day are also provided at no cost to the participants.

Project Healing Waters is unique in that our volunteers are teaching classes on an on-going, long term basis. It is much more than a one day fishing trip. For many participants, particularly disabled veterans, the socialization and camaraderie of the classes are just as important as the fishing outings, and provide them a new activity.

For additional information contact: Steve Spry, Program Lead

Telephone: (530) 241-9899 Email: crusin1950@yahoo.com

THIRD ANNUAL NORTHERN CALIFORNIA FLY TYING EXPO



SAT & SUN, APRIL 5 & 6, 2014

TURTLE BAY EXPLORATION PARK, REDDING, CALIFORNIA

Featuring over 50 Tiers from Northern California and Oregon with morning and afternoon tying sessions, hands-on fly tying and casting and several outstanding speakers

For more information visit www.shastatrinityflyfishers.org or www.TurtleBay.org .



Northern California
Council
Federation of Fly Fishers

Intermediate Fly Tying Class Schedule

Day	Date	Event	Time	Coordinator	Tyer	Fly
Wed	Feb-5	Intermediate Fly Tying	CLASS	CANCELLED		
Wed	Mar-5	Intermediate Fly Tying	6:30 PM	Jim Gunderson	You Tube Video	Iron Sally
Wed	Apr-2	Intermediate Fly Tying	6:30 PM	Jim Gunderson	You Tube Video	Adams
Wed	May-7	Intermediate Fly Tying	CLASS	CANCELLED		
Wed	Jun-4	Intermediate Fly Tying	6:30 PM	Jim Gunderson	TBA	Renegade

If you are interested in attending any of these classes, email Jim Gunderson at jimgunderson@frontier.com

This is an Intermediate Fly Tying Class. If you have not tied before, I would suggest you first take the Beginning Fly Tying Class. The STFF will loan you the tools and vise along with the materials, for a minimal charge, to get you started.

We will be using the STFF Clubhouse classroom at 1872 Buenaventura Blvd. Suite 3, in Redding. **The above schedule has been revised to the first Wednesday night of the month.** (Please note the Feb and May classes have been cancelled.) There is no cost for taking this class. I'm at the classroom usually by 5:30 PM. You can come early and set up if you like. The class will begin promptly at 6:30 PM.

Prior to the class, I will send an email to everyone who's signed up, explaining the fly we will be tying, etc. Please email me with your reservation at least one week prior to each class so I can make sure we have all the supplies needed. Prior to class, please review the fly pattern we will be tying. Don't forget to bring the needed tools, vise, and thread for that fly (99% of the tying supplies are provided by the club).

This fun, informal, interactive class includes fly tying videos, demonstrations, and occasional guest tyers. Hope to see there!

-- **Jim Gunderson** jimgunderson@frontier.com



REQUESTING STFF VOLUNTEER ASSISTANCE

We are looking for STFF volunteers for fly tying and fly casting with students in our "Trout in the Classroom" program! We did this last year and it was highly successful and very popular with the students and teachers.

This year we'd like to expand the activities to include more of the kids, ages 8 to 12. We hope to do this while the trout are being raised in the months of February and March. We will plan one day at each of the seven schools, plus an extended elective period two days a week for the 6 through 8th graders at St. Joseph's School. Some of these students have attended Kid's Fish Camp so they can give **us** tying and casting lessons!

We will also appreciate volunteer help on the trout release days. The tentative dates are April 2nd and 3rd.

For more information and/or to get on the volunteer list, please contact:

Allan Craig (247-7481), (acangler@c-zone.net), or
Tom Taylor (tmtaylor21@aol.com)

DO YOU HAVE A NEW EMAIL ADDRESS??

Please notify Art Agnew if your email address changes, so to insure you continue to receive STFF email notices and The Shasta Caster newsletter. Art Agnew 722-0957 or artagnew@att.net

	<p><i>Dr. Bruce E. Farrell</i></p> <p><i>Quality Care for Your Teeth, Bite and Gums</i></p> <p>www.DrBruceFarrell.com</p>
<p>"Complimentary consultation or 2nd opinion"</p>	
<p>Palo Cedro Dental Care (530) 547-5744</p>	<p>Cottonwood Dental Care (530) 347-4636</p>

How To Fish Our Local Waters

Frustrated with your fly fishing results?? We may have some answers!

Over the past year we have enjoyed the addition of many new members to STFF. While some of those members are experienced fly fishers, many have not had the opportunity to learn the techniques required to catch fish in our local waters.

We have organized a series of classes entitled "How to Fish Local Waters". These classes will be approximately two hours in duration and will be held at the STFF Classroom.

In February, this series continues on Tuesday evenings with classes held by Craig Nielson, owner of Shasta Trout Guiding Services. The classes will be at the STFF Clubhouse starting at 6:30PM. The fee for each class is \$5 per person.

Note: Please bring note paper and a pen or pencil to each class. Also a camera for taking photos of maps and fly patterns could be useful. No sign-up is required, just show up!

DAY	DATE	EVENT	TIME	LEADER	FEE
Tue	Feb-4	How to Fish Local Waters - Fall River	6:30 PM	Craig Neilson	\$5.00
Tue	Feb-11	How to Fish Local Waters - Pit River	6:30 PM	Craig Neilson	\$5.00
Tue	Feb-18	How to Fish Local Waters - Manzanita Lake	6:30 PM	Craig Neilson	\$5.00

Junior Fly Tying Class Schedule

STFF will be offering the Junior Fly tying classes starting February 25th and every Tuesday 6:30 to 8:00 PM for six consecutive Tuesdays. Cost is \$15.00 for all classes and the club furnishes everything. Classes will be held at the STFF Clubhouse.

To register and/or questions, please contact

- Tom Taylor at: [530-549-3529](tel:530-549-3529) email: tmtaylor21@aol.com
- Ralph Lestarjette at: [530-524-9975](tel:530-524-9975) email: redrdl3@gmail.com.

If all classes are attended, the \$ 15.00 fee will be refunded.

Day	Date	Event	Time
Tue	Feb-25	Junior Fly Tying Class	6:30 - 8:30 PM
Tue	Mar-4	Junior Fly Tying Class	6:30 - 8:30 PM
Tue	Mar-11	Junior Fly Tying Class	6:30 - 8:30 PM
Tue	Mar-18	Junior Fly Tying Class	6:30 - 8:30 PM
Tue	Mar-25	Junior Fly Tying Class	6:30 - 8:30 PM
Tue	Apr-1	Junior Fly Tying Class	6:30 - 8:30 PM

Veterans of Foreign Wars (VFW) Fund Raiser "WWCB" 14 June 2014

The event is called the "WWCB" that somehow stands for "Wine, Whiskey, Cigars & Brew".

The beneficiaries are Project Healing Waters, Kids to Camp (Underprivileged kids of Vets) and books for Shasta College Vets.

The WWCB event is to be held on 14 June 2014 from 4:00 to 8:00 PM at the Veterans Memorial Building, 1605 Yuba St (next to the Redding downtown Post Office).

Tickets are \$10.00 and include 5 sampling (tasting) tickets. Additional sampling tickets are 5 for \$10.00. Food and a Bar will also be available.

For information or to purchase tickets contact the VFW Post 1934 at 1251 Oregon St, 530-241-9168. Additional ticket outlets will be available at a later date.

The VFW would like STFF's support in the form of participation, that is, attendance by STFF members. Thank you so much!!

SEE YOUR PICTURE IN THE NEWSPAPER

The Outdoor Editor at the Record Searchlight is asking for photos of STFF members fishing taken any time after April, 2012, anywhere in the world. Please email me any photos you may have. They do not need to be people holding fish, although those are fine. Photos of Healing Waters people casting would be great. Your photos are great P.R. for our club. Thanks! -- Jerry Marks at jerrymarks@digitalpath.net

SPEY CASTING ON THE RIVER -- Feb 16th

The **third Sunday** of each month, weather permitting, STFF Spey casters, and anyone interested in learning Spey Casting, meet at the **Posse Grounds** area near Turtle Bay **from 9 AM to 12 noon**. Bring your rod or just show up and ask one of the casters to show you how it is done (Note due to water/weather changes I will email any changes of location before the assigned date. To be added/deleted from the lists send me an email at lenheimw@msn.com). From time to time we have a cooked lunch at the area after casting. Questions?? Call me at 530-223-6090.

-- **Bill Lenheim, Spey Casting Chair**

STFF Members: Please remember to wear your name badge to all Club functions.

You have all seen this announcement in every Shasta Caster but you might not even have a name badge or have lost your original one. Maybe you are a new member or not able to attend the monthly club meetings, where we have the badges ready for pick-up.

If you do not have a name badge, please contact the Membership Chairman : Art Agnew at 722-0957 or artagnew@att.net

BEGINNER'S CASTING LESSONS

Beginner's casting classes will be held on five consecutive Tuesday evenings, May 5 through June 3, 2014. Classes run from 6:00 PM until 8:00 PM. There is a \$35 fee payable at the first class. Please show up early so you have time to assemble your gear. Be sure to wear a hat and protective glasses (sunglasses ok). Classes begin promptly at 6:00 PM. Classes will be held on the south lawn across from the Redding Convention Center in the Turtle Bay complex.

Required Equipment: Bring a fly rod with matching floating line on a reel. Purchase a 9 or 10 foot, 3X tapered leader (available at any fly shop). The leader must be tapered. No strike indicators on level tippet material.

The lessons will include overhead casting, how to make well-formed loops, roll casting, shooting line and shortening line, how to adjust your cast for the amount of line extended and simple mending.

Because the classes follow a step by step progression, missing any but the last class will put you at least two lessons behind the others. The instructor cannot take time out away from the other students to catch you up, as there is insufficient time to do so, and you will likely not be up to the skill level to proceed on the following lessons. So it is strongly suggested that you attend all classes. If you cannot make it to all of the classes, it is suggested you not attend.

At the conclusion of the five weeks, if there is sufficient interest and commitment, there will be free follow-up casting sessions, open to all, through the summer on alternate Tuesday evenings.

No need to sign up. Just show up.

-- **Guy Manning - 222-2601**

Casting for Recovery Retreats

Application Deadline is February 21, 2014.

On page 16 of this newsletter is an application for Casting For Recovery Retreats in Douglas City, which works with women who have or have had breast cancer. STFF just raised a whole bunch of money through the 2013 Fly Fishing Festival and proceeds will fund these retreats.

Now with the fruits of our labor here, we can make someone aware of this wonderful program letting woman in any stage of Breast Cancer apply for a totally cost free retreat with an offer to "learn to fly fish", plus community bonding, making friends for a lifetime and helping them to feel good about who they are! Please spread the word!!!!

-- **Linda Slater, Mayflies**

	RUSSELL C. HOLPUCH, DDS, MSD	
"	Board Certified Periodontist	"
	DENTAL IMPLANTS & PERIODONTICS	
"	Redding, CA 96001	"
	(530) 241-3302	
"	<u>VISIT OUR WEBSITE:</u>	"
	www.DentalImplantCenterofRedding.com	

Fly Fishing Show, Pleasanton, CA

- Feb 21 - 23, 2014
- Alameda County Fairgrounds
- 9 AM to 5 PM (please check website for each day's schedule)
- Admission: \$15 for 1 day, \$25 for 2 days, \$35 for three-day pass.
- More info at <http://www.flyfishingshow.com>
(Select "Pleasanton, CA" tab for more information)

Are you Attending the Fly Fishing show in Pleasanton? Then you might consider attending the Hall of Fame dinner/fund raiser hosted by the Northern California Council of the Federation of Fly Fishers. The dinner will be held in Fremont on February 22nd. Receiving awards will be Hugh Miller, Don Chesarek and Mark Rockwell. Ken Hanley will be a presenter. Cost is \$50, no ticket sales at the door, so you can get more information from Allan Craig, 247-7481. -- Allan Craig

Next Membership Meeting

Wednesday February 12, 2014

6:00 PM at Park Marina Events Center

1800 Park Marina Drive, Redding, CA

Presentation by Lance Gray

"Fly-Fishing Tenkara Style"

(See page 4 for more information)

Fishouts -- February

Feb 19 -- Baum Lake

(See page 3 for more information)

www.shastatrinityflyfishers.org

Shasta Trinity Fly Fishers PO Box 990002, Redding, CA 96099



Casting for Recovery

A national, non-profit support and educational program for breast cancer survivors

announces

a 2½ day retreat—*at no cost to the participants*—for women of all ages and in all stages of breast cancer who live in Northern California San Francisco

This Quality of Life program provides counseling and medical education and incorporates fly fishing to promote physical and emotional healing.

- Connect with other women
- Enjoy the beauty of the outdoors
- Learn a new sport
- Focus on quality of life and empowerment



To submit your name for a chance to participate in this retreat:

**APRIL 25-27, 2014
INDIAN CREEK LODGE
DOUGLAS CITY, CA**

Apply online at www.castingforrecovery.org by the February 21, 2014 deadline.

CFR must receive your application by this date.

Participants are selected at random and will be notified of their application status once the selection process is complete.

Casting for Recovery is a 501(c)(3) non-profit organization.

Deadline for Casting for Recovery Retreat Applications is February 21, 2014

If you do not have access to the internet, please mail or fax the form—to be received by CFR by February 21, 2014—to:

Casting for Recovery
PO Box 1123 • Manchester, VT 05254
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**PLEASE PRINT CLEARLY
OR WE MAY NOT BE ABLE TO PROCESS YOUR APPLICATION!!**

Today's Date: _____

I would like to submit my name for a chance to attend this retreat:

Date of Retreat:	<i>April 25-27, 2014</i>
Location of Retreat:	<i>Indian Creek Lodge Douglas City, CA</i>

Name: _____

Address: _____

City: _____

County: _____

State: _____ Zip: _____

Day Phone: (____) _____

Cell Phone: (____) _____

Email: _____

How did you hear about CFR?

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~ "This entire weekend was one of the richest experiences of my recovery."

~ "I will never forget the sharing, the laughter, and always the kindness of others. And I plan to continue to learn the art of fly fishing."

~ "CFR was truly the most 'healing' part of my cancer journey. . . ."