

The Shasta Caster

The Monthly newsletter of the Shasta Trinity Fly Fishers,
an organization dedicated to fly fishing and individuals who love the sport.

www.shastatrinityflyfishers.org

January 2014

The President's _____ Line



It's been a great year for the Shasta Trinity Fly Fishers! In December we received approval of our application for tax exempt status as a section 501 (c) (3) public charity.

Best wishes for the New Year!!!!!!!

-- Dick Recchia, President

Officers

President	Dick Recchia rdrservices@frontiernet.net	547-9720
Vice Pres	Jim Jensen iroyj@aol.com	229-1021
Secretary	Liesje Blank liesje30@gmail.com	222-3036
Treasurer	Allen Cordy kacordy@gmail.com	547-4242
Finance Admin	Don Bovo bovo@sbcglobal.net	244-5718

Directors

	Jerry Marks jerrymarks@digitalpath.net	365-6893
	Kathie Burns kburns49664@gmail.com	474-5699
	Ralph Lestarjette redrdl3@gmail.com	524-9975
	Jim Tornillo james.tornillo@gmail.com	246-1669

Committee Chairpersons

Annual Banquet	Jim Jensen iroyj@aol.com	229-1021
Community Serv.	Open	
Conservation	Open	
Fish Camp	Ralph Lestarjette redrdl3@gmail.com	524-9975
Scholarship		
Fishouts	Creighton Smith cr8smith@gmail.com	243-4388
Fly Casting	Guy Manning qrhen@ix.netcom.com	222-2601
Fly Tying	Dale Huffman dalesfishing@sbcglobal.net	221-4988
	Alan Jones alanjerri@yahoo.com	246-2528
	Jan Hale lilybill@sbcglobal.net	275-9668
Intermediate Fly Tying Roundtable	Jim Gunderson jimgunderson@frontier.com	351-1549
Hospitality	Jerry Marks jerrymarks@digitalpath.net	365-6893
Mayflies Coordinators	Cris Hartman blmgirlranger@yahoo.com	524-2328
	Lorna Oden Cookie2u@gmail.com	941-2536
Membership	Art Agnew artagnew@att.net	722-0957
Librarian	Open	
Newsletter	Lynn Smith cr8smith@gmail.com	243-4388
Programs	Dick Recchia rdrservices@frontiernet.net	547-9720
Project Healing Water	Steve Spry crusin1950@yahoo.com	241-9899
Trout in the Classroom	Allan Craig acangler@c-zone.net	247-7481
	Tom Taylor tmtaylor21@aol.com	549-3529
Spey Casting	Bill Lenheim lenheimw@msn.com	223-6090
Youth Program	Ralph Lestarjette redrdl3@gmail.com	524-9975

January 2014 Calendar of Events

6	Project Healing Waters STFF Clubhouse at 6:00 PM
7	Building Fund Committee Meeting STFF Clubhouse at 5:30 PM
7	STFF Board Meeting STFF Clubhouse at 6:30 PM
8	General Membership Meeting Park Marina Events Center at 6:00 PM
9	Fellowship Breakfast Country Kitchen at 8:30 AM
9	Mayflies 2014 Planning Meeting Angelo's Pizza at 11:30 AM
11	Winter Fly Tying WS -- Steve Cooper STFF Clubhouse at 9:00 AM
13	Project Healing Waters STFF Clubhouse at 6:00 PM
14	How to Fish Local Waters -- Upper Sac STFF Clubhouse at 6:30 PM
15	Fishout - Baum Lake No Fishmaster
15	Project Healing Waters STFF Clubhouse at 1:00 PM
16	Intermediate Fly Tying Class STFF Clubhouse at 6:30 PM
18	"Midge Mania II" Fly Tying STFF Clubhouse at 9:00 AM
19	Spey Casting Posse Grounds at 9 AM
20	Project Healing Waters STFF Clubhouse at 6:00 PM
21	How to Fish Local Waters -- McCloud STFF Clubhouse at 6:30 PM
22	Project Healing Waters STFF Clubhouse at 1:00 PM
22	Fish in the Classroom Volunteers Mtg Pacheco School on Knighton at 3:30 PM
23	Fellowship Breakfast Country Kitchen at 8:30 AM
25	Winter Fly Tying Workshop STFF Clubhouse at 9:00 AM
27	Project Healing Waters STFF Clubhouse at 6:00 PM
28	How to Fish Local Waters -- Hat Creek STFF Clubhouse at 6:30 PM
29	Project Healing Waters STFF Clubhouse at 1:00 PM

2014 STFF Fishout Calendar

DATE	LOCATION	Fishmaster	Email	Phone
Jan-15	Baum Lake (3rd Wed)*	--		
Feb-19	Baum Lake (3rd Wed)*	--		
Mar-19	Baum Lake (3rd Wed)*	--		
Mar - TBA	Lower Sac (Wade or Float)	Alan Jones	jerrialan@sbcglobal.net	
Apr-1	Trinity River (Fly only Water)	TBA	-	
Apr-16	Baum Lake (3rd Wed)*	--		
Apr - TBA	Lewiston Lake	Benson Kanamoto	sevenx@aol.com	
May-21	Baum Lake (3rd Wed)*	--		
May - TBA	Shasta Bass (Power Boats & Pontoons)	Art Agnew	artagnew@att.net	722-0957
Jun-18	Baum Lake (3rd Wed)*	--		
Jul-16	Baum Lake (3rd Wed)*	--	-	
Aug-20	Baum Lake (3rd Wed)*	--		
TBA	Upper Sac	Craig Nielson	craig@shastatrout.com	337-6877
Sep-10	Manzanita Lake	Alan Slattery	ajeslattery@yahoo.com	
Sep-17	Baum Lake (3rd Wed)*	--		
Oct - TBA	Owyhee	Creighton Smith	cr8smith@gmail.com	243-4388
Oct-15	Baum Lake (3rd Wed)*	--		
Oct - TBA	Shasta Lake (Trout)	Allen Cordy	kacordy@gmail.com	547-4242
Nov-19	Baum Lake (3rd Wed)*	--		
Nov - TBA	Trinity River	OPEN	-	
Dec-17	Baum Lake (3rd Wed)*	--		
Dec - TBA	Trinity River	Jim Murphy	jimpalocedro@gmail.com	547-4421
Jan-15	Baum Lake (3rd Wed)*	--		
Feb-19	Baum Lake (3rd Wed)*	--		

Members, please remember to wear your nametags to all STFF events!

The above schedule is tentative and all Fishouts are subject to change. Please sign up at our monthly meeting or call the Fishmaster directly; contact info are provided in table above.

*Baum Lake (3rd Wed) -- Because of its close proximity and abundant fish, there will be a monthly fishout scheduled for the third Wednesday of each month at Baum Lake with no fishmaster assigned. Call Creighton if you need more information or have questions.

Bonus Fishouts may be announced. If you sign up and later find that you can't attend, please advise the Fishmaster.

-- **Creighton Smith, Fishout Coordinator**

**email: cr8smith@gmail.com
home: (530) 243-4388**

Trinity River Fish Out -- December 12th, 2013

On December 12, about 10 to 12 brave anglers met on a chilly morning at the Douglas City Fire Department for a day of Steelhead fishing. The group spread out among various access points along Steiner Flat Road and Steel Bridge Road. Groups were led by Ross Morrison, Bary Caranci, Jess Hoopes and Jim Murphy.

Wes Forman had a successful day by hooking and almost landing two Steelhead and landing one beautiful Brown Trout. Jess Hoopes also reported hooking two Steelhead and Tony Carbonell had a brief encounter with a Steelhead. The remainder of us anglers had a nice day in a beautiful place along with pleasant company. All in all it was a great day to be out.

--Jim Murphy, Fishmaster

Trinity River Fish Out -- November 19th, 2013

With thirteen turning out for the Fall Trinity Fish Out and the year's first real rain, things looked good. Coffee and donuts, provided by Jess Hoopes, helped take the chill out of the early morning timing.

With everyone eager to get going, the group split up into smaller sections each with their own personal Steelhead Guide. **Guides:** Ross Morrison, Bary Caranci, Jim Murphy and Jess Hoopes took those attending under their wing and showed them the tricks of the trade. **Attending as eager participants:** Ken Martinez, Janet & Jonathan Sloat, Tom Taylor, Creighton Smith, Kathie Burns and Paul Traficante, as well as Wes Forman and me.

Fishing reports returned stated everyone saw fish with several fish being hooked. The weather was wet, the fish rolling and I'm sure all had a good time, even if they missed their opportunity on setting the hook when they had a take. I know that I did when I had a chance. Without a doubt the fish are in now.

-- Bill Lenheim, Fishmaster

Announcing: Shasta Trinity Fly Fishers' new Facebook page:

You can access our new Facebook site at:

<https://www.facebook.com/shastatrinityflyfishers>

Please feel free to use the site. Facebook members can add comments, photos and etc.



STFF Membership Meeting -- Wednesday, January 8th

Location: UPEC Park Marina Events Center*, 1800 Park Marina Drive, Redding

Hospitality at 6:00 PM Business Meeting starts at 6:30 PM

(*located South of HWY 44 across from Turtle Bay Museum)

Tom Stokely Water Policy Analyst/Media Contact California Water Impact Network

[Attend this very important presentation to obtain information on California water conservation plans](#) and expected impacts, both financially and environmentally, as well as, viable and cost effective alternatives to meet Southern California's future water demands without impacting the rest of the state.

Tom Stokely is water policy analyst and director with the California Water Impact Network. He retired as Principal Planner with the Natural Resources Division of Trinity County in 2008. He graduated from UC Santa Cruz in 1979 with a degree in Biology and Environmental Studies, with honors in Biology. He worked for Trinity County for over 23 years as a natural resources planner in various capacities, but worked on Trinity River and Central Valley Project and salmon and steelhead issues for Trinity County for most of his time there.

Mr. Stokely has been a member of the California Advisory Committee on Salmon and Steelhead Trout since 1990, and is a past chairman and past vice-chairman. He is vice-chairman of the federal advisory committee for the Trinity River Restoration Program- the Trinity Adaptive Management Working Group. Tom is a recipient of California Trout's Roderick Haig-Brown Award.



At the December 11 General Meeting Beck Painter (right) gives Dick Recchia (left) the **first MAJOR Hard Hat donation** for the new clubhouse.

STFF's Clover Creek Clubhouse Building Project

Now that the City of Redding has entered into a formal agreement with STFF to provide a site in Clover Creek Park Preserve for the construction of our own clubhouse, we face the daunting task of raising the funds to pay for the construction.

As announced in the November newsletter, **Allen Cordy has been appointed as Chairman of the Clubhouse Project Funding Committee** and the following members have agreed to serve as members of the committee:

- Allen Cordy, Chairperson
- Liesje Blank
- Dick Recchia, Building Committee Chairperson
- Ralph Lestarjette
- Jim Gunderson

Allen and all of the members of this committee, as well as the Board of Directors, are open to hearing any suggestions from our members for fund raising ideas! **If you have a fund raising suggestions to offer, please email Allen Cordy at kacordy@gmail.com.**

If anyone wishes to donate to the building project, checks should be made payable to: STFF Clubhouse Building Fund and mailed to PO Box 990002 Redding, CA 96099-0002.

DO YOU HAVE A NEW EMAIL ADDRESS??

Please notify Art Agnew if your email address changes, so to insure you continue to receive STFF email notices and The Shasta Caster newsletter. Art Agnew 722-0957 or artagnew@att.net

Save the date for the 2014 Banquet "Fly Fishing Fantasy-2014" March 22, 2014

Next year's banquet will be on Saturday, March 22nd at Win River Casino in Redding. Please tell your spouse, fishing pals, significant others, sisters, brothers, uncles and aunts that you'll be busy that evening, so they don't plan a conflicting event.

Casting for Recovery Retreats

On page 17 of this newsletter is an application for Casting For Recovery Retreats in Douglas City, which works with women who have or have had breast cancer. STFF just raised a whole bunch of money through the 2013 Fly Fishing Festival and proceeds will fund these retreats.

Now with the fruits of our labor here, we can make someone aware of this wonderful program letting woman in any stage of Breast Cancer apply for a totally cost free retreat with an offer to "learn to fly fish", plus community bonding, making friends for a lifetime and helping them to feel good about who they are! Please spread the word!!!!

Application Deadline is February 21, 2014. -- Linda Slater, Mayflies



A free program provided to wounded, injured and disabled veterans by

Project Healing Waters Fly Fishing - Shasta County

The Project's program provides basic fly fishing, fly casting, fly tying and rod building classes, along with clinics for wounded and injured personnel ranging from beginners to those with prior fly fishing and tying experience who are adapting their skills to their new abilities.

All fly fishing and tying equipment is provided to the participants at no cost. Fishing trips, both one day and multi-day are also provided at no cost to the participants.

Project Healing Waters is unique in that our volunteers are teaching classes on an on-going, long term basis. It is much more than a one day fishing trip. For many participants, particularly disabled veterans, the socialization and camaraderie of the classes are just as important as the fishing outings, and provide them a new activity.

For additional information contact: Steve Spry, Program Lead

Telephone: (530) 241-9899 Email: crusin1950@yahoo.com

STFF CLUBHOUSE - MONTHLY AGENDA – JAN 2014

1872 Buena Ventura Blvd. Suite # 3, Redding, CA

DAY	DATE	TIME	EVENT	LEADER	EMAIL
Mon	Jan-6	6:00 PM	Project Healing Waters	Steve Spry	crusin1950@yahoo.com
Tue	Jan-7	5:30 PM	Building Fund Committee	Allen Cordy	kacordy@gmail.com
Tue	Jan-7	6:30 PM	STFF Board Meeting	Dick Recchia	rdrservices@frontiernet.net
Wed	Jan-8	10:00 AM	Private Youth Education Program	Eva Varga	
Sat	Jan-11	9:00 AM	Winter Fly Tying -- Steve Cooper	Jan Hale	lilybill@sbcglobal.net
Mon	Jan-13	6:00 PM	Project Healing Waters	Steve Spry	crusin1950@yahoo.com
Tues	Jan-14	6:00 PM	How to Fish Local Waters - Upper Sac	Craig Nelson	-
Wed	Jan-15	10:00 AM	Private Youth Education Program	Eva Varga	-
Wed	Jan-15	1:00 PM	Project Healing Waters	Steve Spry	crusin1950@yahoo.com
Thu	Jan-16	6:30 PM	Intermediate Fly Tying Class	Jim Gunderson	jimgunderson@frontier.com
Sat	Jan-18	9:00 AM	"Midge Mania II"	Jim Gunderson	-
Mon	Jan-20	6:00 PM	Project Healing Waters	Steve Spry	crusin1950@yahoo.com
Tues	Jan-21	6:00 PM	How to Fish Local Waters - McCloud	Craig Nelson	-
Wed	Jan-22	10:00 AM	Private Youth Education Program	Eva Varga	-
Wed	Jan-22	1:00 PM	Project Healing Waters	Steve Spry	crusin1950@yahoo.com
Sat	Jan-25	9:00 AM	Winter Fly Tying	Jan Hale	lilybill@sbcglobal.net
Mon	Jan-27	6:00 PM	Project Healing Waters	Steve Spry	crusin1950@yahoo.com
Tue	Jan-28	6:00 PM	How to Fish Local Waters - Hat Creek	Craig Nelson	
Wed	Jan-29	10:00 AM	Private Youth Education Program	Eva Varga	-
Wed	Jan-29	1:00 PM	Project Healing Waters	Steve Spry	crusin1950@yahoo.com

Note: STFF is allowing the use of our classroom for a special private youth education program being presented by Eva Varga.

Beginning Fly Tying Classes

Beginning Fly Tying Class will start February 13 and run for 6 Thursdays. (Class dates are: Feb 13, 20 & 27 and Mar 13, 20 & 27). Anyone interested in the class can contact me through e-mail at dalesfishing@sbcglobal.net. Classes will be \$40.00 for materials. If you have your own tying equipment bring it, if not, the club has equipment to loan. Persons interested in the classes should plan on attending all six classes as each class builds on the class before. Questions?? Please call me at 221-4988.

-- Dale Huffman

Christmas Island in 2014

Christmas Island in 2014 - *want to go along?* Allan Craig is organizing a trip and there will be room for 12 anglers at The Villages. The dates are April 29 - May 6, 2014.

This is an ideal location for a first time salt water experience, as the bonefish are numerous, and it's all wade fishing. If you'd like to know more, contact Allan at allanangler@gmail.com or 247-7481. --
Allan Craig

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Mayflies Corner

Friday the 13th of December was a lucky day for a gathering of Mayflies at Linda and Jerry Slater's home. About 20 people arrived bearing potluck gifts of delicious food, an ornament to exchange and plenty of Christmas spirit to share. The house was covered in lights and traditional Christmas carols played, while adult beverages were consumed with glee. After having a wonderful time, everyone left with big smiles and good wishes for a new, bright 2014.

Walt and Don have volunteered to refurbish an old redwood table from Linda and Jerry's home to deliver to Rock Creek Lake so that there will be a place to sit down by the dock area. Linda and Jerry have donated the table as a thank you for Duane and The Fly Shop allowing the Mayflies to do our fundraiser at the lake each August. Thank you to all of them for making this happen. It will be a nice addition to Rock Creek Lake.

There will be a first of the year organizational meeting for the Mayflies at Angelo's Pizza beginning at 11:30 AM on January 9, 2014. It is time to look at what the Mayflies want to do in the future and how we want to organize fishouts, fundraisers and social events. After two years, Lorna and Cris are stepping down as the Mayflies coordinators, so we are looking for someone to take their place. Please come with your ideas and a willingness to get involved in the next year. If any of you have braved the cold water and weather to do any fishing, we also want to hear your fishing reports at the next meeting. We hope to see you there!
-- **Cris Rohn Hartman and Lorna Oden, Mayflies Coordinators**

RENEW YOUR 2014 STFF MEMBERSHIP TODAY!!

Recently you received a renewal form for your 2014 Shasta Trinity Fly Fishers membership. We ask your cooperation in completing the renewal form and mailing with your \$35 check (payable to Shasta Trinity Fly Fishers) as soon as possible to STFF, PO BOX 990002, Redding, CA 96099-0002.

Each year STFF strives to publish a membership roster as early in the year as possible, but unless all the members complete their renewals in a timely manner, the publication of the roster is delayed. So, please find the renewal letter that you received, complete it now and mail it today! Thanks!!

Intermediate Fly Tying Class Schedule

Day	Date	Event	Time	Coordinator	Tyer	Fly
Thu	Jan-16	Intermediate Fly Tying	6:30 PM	Jim Gunderson	Guest Tyer Creighton Smith	Hacker Stacker
Thu	Feb-6	Intermediate Fly Tying	6:30 PM	Jim Gunderson	TBA	TBA
Thu	Mar-6	Intermediate Fly Tying	6:30 PM	Jim Gunderson	TBA	TBA
Thu	Apr-3	Intermediate Fly Tying	6:30 PM	Jim Gunderson	TBA	TBA
Thu	May-1	Intermediate Fly Tying	6:30 PM	Jim Gunderson	TBA	TBA
Thu	Jun-5	Intermediate Fly Tying	6:30 PM	Jim Gunderson	TBA	TBA

If you are interested in attending any of these classes, email Jim Gunderson at jimgunderson@frontier.com

This is an Intermediate Fly Tying Class. If you have not tied before, I would suggest you first take the Beginning Fly Tying Class. The STFF will loan you the tools and vise along with the materials, for a minimal charge, to get you started.

We will be using the STFF Clubhouse classroom at 1872 Buenaventura Blvd. Suite 3, in Redding. The above schedule shows Thursday nights, with most being the first Thursday of the month. There is no cost for taking this class. I'm at the classroom usually by 5:30 PM. You can come early and set up if you like. The class will begin promptly at 6:30 PM.

Prior to the class, I will send an email to everyone who's signed up, explaining the fly we will be tying, etc. Please email me with your reservation at least one week prior to each class so I can make sure we have all the supplies needed. Prior to class, please review the fly pattern we will be tying. Don't forget to bring the needed tools, vise, and thread for that fly (99% of the tying supplies are provided by the club).

This fun, informal, interactive class includes fly tying videos, demonstrations, and occasional guest tyers. Hope to see there!

-- **Jim Gunderson** jimgunderson@frontier.com



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2014 FISH IN THE CLASSROOM -- VOLUNTEERS NEEDED

We are looking for volunteer assistance with our 2014 Trout in the Classroom activities. Seven local schools will be raising fish and there are numerous ways club members could be of help.

- 1) Help maintain the aquarium in the classroom -- February through early April. We will have several people at each school, so volunteers can share the duties of checking on the fish one or two days a week.
- 2) Fly tying and fly casting -- our classroom fly tying was very popular last year and we'll do this at the participating schools in the month of March. We will include fly casting with some schools.
- 3) Release Day activities -- Probably April 2nd and 3rd at Whiskeytown Lake and Anderson River Park - tentative dates.

There will be a meeting for those volunteers helping classes raise the trout. We'll meet at Pacheco School (Knighton Road) on January 22nd at 3:30 PM.

For more information, please contact Allan Craig, Earl Johnston or Tom Taylor. Thanks!
-- Allan Craig

SEE YOUR PICTURE IN THE NEWSPAPER

The Outdoor Editor at the Record Searchlight is asking for photos of STFF members fishing taken any time after April, 2012, anywhere in the world. Please email me any photos you may have. They do not need to be people holding fish, although those are fine. Photos of Healing Waters people casting would be great. Your photos are great P.R. for our club. Thanks! -- Jerry Marks at jerrymarks@digitalpath.net

SPEY CASTING ON THE RIVER -- *Jan 19th*

The **third Sunday** of each month, weather permitting, STFF Spey casters, and anyone interested in learning Spey Casting, meet at the **Posse Grounds** area near Turtle Bay **from 9 AM to 12 noon**. Bring your rod or just show up and ask one of the casters to show you how it is done (Note due to water/weather changes I will email any changes of location before the assigned date. To be added/deleted from the lists send me an email at lenheimw@msn.com). From time to time we have a cooked lunch at the area after casting. Questions?? Call me at 530-223-6090.

-- **Bill Lenheim, Spey Casting Chair**

How To Fish Our Local Waters

Frustrated with your fly fishing results?? We may have some answers!

Over the past year we have enjoyed the addition of many new members to STFF. While some of those members are experienced fly fishers, many have not had the opportunity to learn the techniques required to catch fish in our local waters.

We have organized a series of classes entitled "How to Fish Local Waters". These classes will be approximately two hours in duration and will be held at the STFF Classroom.

In January and February, this series will continue on Tuesday evenings with classes held by Craig Nielson, owner of Shasta Trout Guiding Services. The classes will at the STFF Clubhouse starting at 6:30PM. The fee for each class is \$5 per person.

Note: Please bring note paper and a pen or pencil to each class. Also a camera for taking photos of maps and fly patterns could be useful. No sign-up is required, just show up!

DAY	DATE	EVENT	TIME	LEADER	FEE
Tue	Jan-14	How to Fish Local Waters - Upper Sac	6:30 PM	Craig Nielson	\$5.00
Tue	Jan-21	How to Fish Local Waters - McCloud	6:30 PM	Craig Nielson	\$5.00
Tue	Jan-28	How to Fish Local Waters - Hat Creek	6:30 PM	Craig Nielson	\$5.00
Tue	Feb-4	How to Fish Local Waters - Fall River	6:30 PM	Craig Nielson	\$5.00
Tue	Feb-11	How to Fish Local Waters - Pit River	6:30 PM	Craig Nielson	\$5.00
Tue	Feb-18	How to Fish Local Waters - Manzanita Lake	6:30 PM	Craig Nielson	\$5.00

WINTER FLY TYING WORKSHOP

SATURDAY, JANUARY 11, 2014 9:00AM - 3:00 PM

STEVE COOPER WORKSHOP

Steve has worked closely with our club for several years, setting up Fishouts on the Owyhee River. He is a professional guide and fly tier working out of Stockton, California. He has had tying classes for our club several times, which were very successful.

In this class Steve will be tying his favorite flies. This class should fill up fast so reserve your seat early.

Classes are held at our classroom 1872 Buenvventura Blvd. Suit #3 Redding. Contact Jan Hale by email at lilybill1@yahoo.com or phone 275-9668 to reserve your seat.

Mayflies Christmas Party -- December 13th, 2013



RUSSELL C. HOLPUCH, DDS, MSD

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For more information visit www.shastatrinityflyfishers.org or www.TurtleBay.org .



Northern California
Council
Federation of Fly Fishers

Support our Club House fundraising program -- Midge Mania II

Help us prepare 100 super slim fly boxes each with 48 Midge nymphs to offer for donations to our building fund.

Join us at the STFF Clubhouse on Saturday, January 18th - 9AM to 4PM for “Midge Mania II” and tie Midges for these fly boxes.

All hooks, beads and wire will be supplied. Just bring your fly tying gear and thread.



A Great PIZZA lunch will be served to all participants!

Coffee and donuts will be available starting at 8:15AM.

NOTE: *if you would like to participate...but would rather tie the midges at home...stop by the clubhouse on January 18th and pick up all the materail you'll need. All the flies need to be completed and returned by the February 12th membership meeting.*

STFF Members: Please remember to wear your name badge to all Club functions.

You have all seen this announcement in every Shasta Caster but you might not even have a name badge or have lost your original one. Maybe you are a new member or not able to attend the monthly club meetings, where we have the badges ready for pick-up.

If you do not have a name badge, please contact the Membership Chairman : Art Agnew at 722-0957 or artagnew@att.net

Next Membership Meeting

Wednesday January 8, 2014

6:00 PM at Park Marina Events Center

1800 Park Marina Drive, Redding, CA

Presentation by Tom Stokely,

Water Policy Analyst/Media Contact

California Water Impact Network

(See page 5 for more information)

Fishouts -- January

Jan 15th - Baum Lake

(See page 3 for more information)

www.shastatrinityflyfishers.org

Shasta Trinity Fly Fishers PO Box 990002, Redding, CA 96099



Casting for Recovery
 A national, non-profit support and
 educational program for
 breast cancer survivors

announces

a 2½ day retreat—*at no cost to the participants*—for women of all ages and in all stages of breast cancer who live in Northern California San Francisco

This Quality of Life program provides counseling and medical education and incorporates fly fishing to promote physical and emotional healing.

- Connect with other women
- Enjoy the beauty of the outdoors
- Learn a new sport
- Focus on quality of life and empowerment



To submit your name for a chance to participate in this retreat:

APRIL 25-27, 2014
INDIAN CREEK LODGE
DOUGLAS CITY, CA

Apply online at www.castingforrecovery.org
 by the February 21, 2014 deadline.

CFR must receive your application by this date.

Participants are selected at random and will be notified of their application status once the selection process is complete.

Casting for Recovery is a 501(c)(3) non-profit organization.

Deadline for Applications is February 21, 2014

If you do not have access to the internet, please mail or fax the form—to be received by CFR by February 21, 2014—to:

Casting for Recovery
 PO Box 1123 · Manchester, VT 05254
 FAX: 802-362-9182 · Telephone: 888-553-3500
 Email: info@castingforrecovery.org

PLEASE PRINT CLEARLY
OR WE MAY NOT BE ABLE TO PROCESS YOUR APPLICATION!!

Today's Date: _____
 I would like to submit my name for a chance to attend this retreat:

Date of Retreat: **April 25-27, 2014**
 Location of Retreat: **Indian Creek Lodge**
Douglas City, CA

Name: _____
 Address: _____
 City: _____
 County: _____
 State: _____ Zip: _____
 Day Phone: (____) _____
 Cell Phone: (____) _____
 Email: _____

How did you hear about CFR?

ca ca ca

~ "This entire weekend was one of the richest experiences of my recovery."
 ~ "I will never forget the sharing, the laughter, and always the kindness of others. And I plan to continue to learn the art of fly fishing."
 ~ "CFR was truly the most 'healing' part of my cancer journey. . . ."