

The Shasta Caster

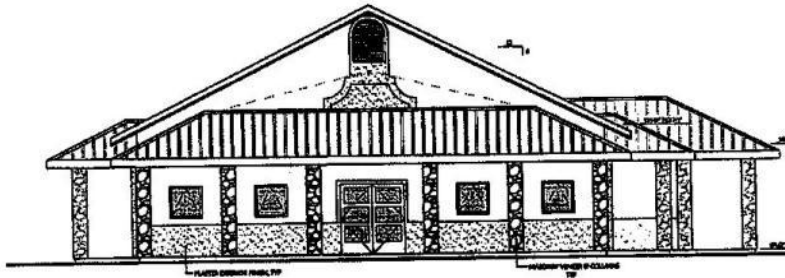
The Monthly newsletter of the Shasta Trinity Fly Fishers,
an organization dedicated to fly fishing and individuals who love the sport.

www.shastatrinityflyfishers.org

December 2013

The President's _____ Line

We are off and running with our project to build our new clubhouse!!!!!!



Tom Semington, a local architect, is donating his services and Mike Shufelberger (a STFF member) and a well-respected contractor, will be overseeing construction. Now we face the challenge of raising the funds to pay for the construction. In January we will be announcing a series of fund raising options that we hope will be of interest to all STFF members.

In the meantime, we have initiated a project called the "Yellow Hat Club" whereby members can donate their loose change to the building fund. Here's how it works: Members receive a yellow construction safety hat to take home. That hat becomes the receptacle (hopefully on a daily basis) for all of your loose change.

Then at either the March STFF meeting or the Annual Banquet on March 22 you can donate all your coins in our collection barrel.

We already have over 70 members of the "Yellow Hat Club"! If you are not one of them, then send an email with your home address to: rdrservices@frontiernet.net and we'll send a hat to you.

Or better yet, come to the December Holiday Buffet and enjoy the evening. While you are there, pick up your own Yellow Hat. The schedule for the evening of December 11th will include a cocktail period and a full buffet dinner including table seating for all attendees, as well as soft drinks and wine.

Santa will be in attendance again with fly fishing goodies for many lucky attendees. I hope to see you there! Best wishes for a happy and Holiday season!

-- Dick Recchia, President

Officers

President	Dick Recchia rdrservices@frontiernet.net	547-9720
Vice Pres	Jim Jensen iroyj@aol.com	229-1021
Secretary	Liesje Blank liesje30@gmail.com	222-3036
Treasurer	Jeff Collins icollins@matson-isom.com	244-4980
Finance Admin	Don Bovo bovo@sbcglobal.net	244-5718

Directors

	Jerry Marks jerrymarks@digitalpath.net	365-6893
	Kathie Burns kburns49664@gmail.com	474-5699
	Don Bovo bovo@sbcglobal.net	244-5718
	Ralph Lestarjette redrdl3@gmail.com	524-9975
	Jim Tornillo james.tornillo@gmail.com	246-1669

Committee Chairpersons

Annual Banquet	Jim Jenson iroyj@aol.com	229-1021
Community Serv.	Open	
Conservation	Creighton Smith cr8smith@gmail.com	243-4388
Fish Camp	Ralph Lestarjette redrdl3@gmail.com	524-9975
Scholarship	Creighton Smith cr8smith@gmail.com	243-4388
Fishouts	Creighton Smith cr8smith@gmail.com	243-4388
Fly Casting	Guy Manning grhen@ix.netcom.com	222-2601
Fly Tying	Dale Huffman dalesfishing@sbcglobal.net	221-4988
	Alan Jones alanjerri@yahoo.com	246-2528
	Jan Hale lilybill@sbcglobal.net	275-9668
Intermediate Fly Tying Roundtable	Jim Gunderson jimgunderson@frontier.com	351-1549
Hospitality	Jerry Marks jerrymarks@digitalpath.net	365-6893
Mayflies	Cris Hartman blmgirlranger@yahoo.com	524-2328
Coordinators	Lorna Oden Cookie2u@gmail.com	941-2536
Membership	Art Agnew artagnew@att.net	722-0957
Librarian	Open	
Newsletter	Lynn Smith cr8smith@gmail.com	243-4388
Programs	Dick Recchia rdrservices@frontiernet.net	547-9720
Project Healing Water	Steve Spry crusin1950@yahoo.com	241-9899
Trout in the Classroom	Allan Craig acangler@c-zone.net	247-7481
	Tom Taylor tmtaylor21@aol.com	549-3529
Spey Casting	Bill Lenheim lenheimw@msn.com	223-6090
Youth Program	Ralph Lestarjette redrdl3@gmail.com	524-9975

December 2013 Calendar of Events

2	Project Healing Waters STFF Clubhouse at 6:00 PM
3	STFF Board Meeting STFF Clubhouse at 6:30 PM
5	Intermediate Fly Tying STFF Clubhouse at 6:30 PM
7	Basic Fly Tying Techniques STFF Clubhouse at 9:00 AM
9	Project Healing Waters STFF Clubhouse at 6:00 PM
11	General Membership Meeting Park Marina Events Center at 6:00 PM
12	Fishout - Trinity Fishmaster - Jim Murphy
12	Fellowship Breakfast Country Kitchen at 8:30 AM
13	Mayflies "New & Old" Holiday Gathering Home of Linda Slater at 5:00 PM
14	Fly Tying STFF Clubhouse at 9:00 AM
15	Spey Casting Posse Grounds at 9 AM
16	Project Healing Waters STFF Clubhouse at 6:00 PM
21	DEADLINE - Nominations for Fly Fisher of the Year (Contact B. Lenheim)
26	Fellowship Breakfast Country Kitchen at 8:30 AM
28	Fly Tying STFF Clubhouse at 9:00 AM



4140 Churn Creek Rd. Redding, CA 96002
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2013 STFF Fishout Calendar

DATE	LOCATION	Fishmaster	Email	Phone
Dec-12	Trinity River	Jim Murphy	jimpalocedro@gmail.com	547-4421

Members, please remember to wear your nametags to all STFF events!

Bonus Fishouts may be announced. All Fishouts are subject to change. Please sign up at our monthly meeting or call the Fishmaster directly; contact info are provided in table above.

If you sign up and later find that you can't attend, please advise the Fishmaster.

-- **Creighton Smith, Fishout Coordinator** **email: cr8smith@gmail.com**
home: (530) 243-4388

STFF Membership Meeting -- Wednesday, December 11th

Location: UPEC Park Marina Events Center*, 1800 Park Marina Drive, Redding

Hospitality at 6:00 PM Business Meeting starts at 6:30 PM

(*located South of HWY 44 across from Turtle Bay Museum)

The schedule for the evening will include a cocktail period, a very brief business meeting for the election of officers for 2014 and a full buffet dinner including table seating for all attendees, as well as soft drinks and wine.

If you crave any stronger beverage, please BYO. Ice and setups will be provided.

Santa will be in attendance with fly fishing goodies for many lucky attendees.

Annual Photo Contest At STFF's December 11th Meeting *Photo Contest Rules*

- You must be a STFF member to enter contest.
- Photograph must have been taken in 2013.
- Photograph size: 8" x 10" MAX, 5" x 7" MIN
- No Frames or Matting can be entered.
- Photograph cannot be computer enhanced.
- Only one entry per STFF member.
- The winners will be determined by the vote of the club membership present at the December Annual Meeting.
- Prizes will be awarded to the top three vote-getting photographs. In the event of a tie, a run-off vote will be held.

PHWFF Digger Creek Ranch Fishout Nov 13, 2013

Twelve participants along with six volunteers from STFF enjoyed unseasonably warm and clear weather while fishing Digger Creek Ranch, east of Manton in mid November. The trip was our November fishout and one of a number of PHWFF Redding Chapter activities held throughout the year. PHWFF is dedicated to the physical and emotional rehabilitation of active military service personnel and disabled veterans through fly fishing and associated activities and outings. Our Redding chapter has been actively working with our participants with fishouts, rod building, net building and weekly fly fishing class sessions at our clubhouse each Monday evening.

Digger Creek Ranch provided an opportunity to fish for trout that ranged from 4-6 pounds. We did manage to get some big boys. The upper pond of the three ponds at Digger Creek Ranch is shallower and clearer with opportunities to sight fish to cruising trout. The trout here were sipping #16-18 caddis (we think or they could have been pmds or midges or other). We did manage to get a few on dries, as well as, a couple of nice fish on a #16 brown "stretch magic" midge pupae under and indicator. The fly that seemed to work more consistently, however, was a stripped black bunny leech. A purple wooly bugger also worked well to catch some of these big fish.

The lower ponds were deeper and a bit more off colored, but also produced well stripping black bunny leeches and/or wooly buggers. Morning fishing seemed to be a little more productive than the afternoon, although stripping black leech patterns seemed to work throughout the day.

As is our tradition with many of our PHWFF Redding chapter outings, we provided a hot lunch for the group (on this occasion specialty hot dogs with all the fixings). If there's comment for our meals, it's we feed our participants well, maybe too well).

A thank you to all the volunteers from STFF who helped with our fishout and who's help we keep counting on to support PHWFF.

-- Ron Saiki



STFF's Clover Creek Clubhouse Building Project

Now that the City of Redding has entered into a formal agreement with STFF to provide a site in Clover Creek Park Preserve for the construction of our own clubhouse, we face the daunting task of raising the funds to pay for the construction.

As announced in the November newsletter, **Allen Cordy has been appointed as Chairman of the Clubhouse Project Funding Committee** and the following members have agreed to serve as members of the committee:

- Allen Cordy, Chairperson
- Liesje Blank
- Dick Recchia, Building Committee Chairperson
- Ralph Lestarjette
- Jim Gunderson

Allen and all of the members of this committee, as well as the Board of Directors, are open to hearing any suggestions from our members for fund raising ideas! **If you have a fund raising suggestions to offer, please email Allen Cordy at kacordy@gmail.com.**

If anyone wishes to donate to the building project, checks should be made payable to: STFF Clubhouse Building Fund and mailed to PO Box 990002 Redding, CA 96099-0002.

DO YOU HAVE A NEW EMAIL ADDRESS??

Please notify Art Agnew if your email address changes, so to insure you continue to receive STFF email notices and The Shasta Caster newsletter. Art Agnew 722-0957 or artagnew@att.net

Mayflies Corner

A gathering of Mayflies, new and old, are invited to Linda's house for a bit of Christmas cheer and **potluck** evening on Friday, December 13th at 5:00 PM. Mayflies wanting more info, please email to Linda (cam2ndd@aol.com). We will be doing the **traditional anonymous ornament exchange game** (*optional but always a hit*). Bring your own adult beverages and your favorite potluck item. Hosted by Mayflies: Sandy, Dee and Linda (**RSVP** -- please with your idea of what you would like to bring). -- **Linda Slater**

Casting for Recovery Retreats

On **page 16** of this newsletter is an application for Casting For Recovery Retreats in Douglas City, which works with women who have or have had breast cancer. STFF just raised a whole bunch of money through the 2013 Fly Fishing Festival and proceeds will fund these retreats.

Now with the fruits of our labor here, we can make someone aware of this wonderful program letting woman in any stage of Breast Cancer apply for a totally cost free retreat with an offer to "learn to fly fish", plus community bonding, making friends for a lifetime and helping them to feel good about who they are! Please spread the word!!!! Deadline for applications is February 21, 2014. -- **Linda Slater, Mayflies**



A free program provided to wounded, injured and disabled veterans by

Project Healing Waters Fly Fishing - Shasta County

The Project's program provides basic fly fishing, fly casting, fly tying and rod building classes, along with clinics for wounded and injured personnel ranging from beginners to those with prior fly fishing and tying experience who are adapting their skills to their new abilities.

All fly fishing and tying equipment is provided to the participants at no cost. Fishing trips, both one day and multi-day are also provided at no cost to the participants.

Project Healing Waters is unique in that our volunteers are teaching classes on an on-going, long term basis. It is much more than a one day fishing trip. For many participants, particularly disabled veterans, the socialization and camaraderie of the classes are just as important as the fishing outings, and provide them a new activity.

For additional information contact: Steve Spry, Program Lead

Telephone: (530) 241-9899 Email: crusin1950@yahoo.com

STFF CLUBHOUSE - MONTHLY AGENDA – DEC 2013

1872 Buena Ventura Blvd. Suite # 3, Redding, CA

DAY	DATE	TIME	EVENT	LEADER	EMAIL
Mon	Dec-2	6:00 PM	Project Healing Waters	Steve Spry	crusin1950@yahoo.com
Tue	Dec-3	6:30 PM	STFF Board Meeting	Dick Recchia	rdrservices@frontiernet.net
Wed	Dec-4		Junior Science Program	Eva Varga	
Thu	Dec-5	6:30 PM	Intermediate Fly Tying Class	Jim Gunderson	jimgunderson@frontier.com
Sat	Dec-7	9:00 AM	Basic Fly Tying Techniques	Dick Recchia	rdrservices@frontiernet.net
Mon	Dec-9	6:00 PM	Project Healing Waters	Steve Spry	crusin1950@yahoo.com
Wed	Dec-11		Junior Science Program	Eva Varga	
Sat	Dec-14	9:00 AM	Fly Tying	Jan Hale	lilybill@sbcglobal.net
Mon	Dec-16	6:00 PM	Project Healing Waters	Steve Spry	crusin1950@yahoo.com
Wed	Dec-18		Junior Science Program	Eva Varga	
Sat	Dec-28	9:00 AM	Fly Tying	Jan Hale	lilybill@sbcglobal.net

Note: STFF is allowing the use of our classroom for a special youth science education program being presented by Eva Varga.

Beginning Fly Tying Classes

Beginning Fly Tying Class will start the second week of February for 6 consecutive weeks. Anyone interested in the class can contact me through e-mail at dalesfishing@sbcglobal.net. Classes will be about \$40.00, depending on material costs. If you have your own equipment bring it, if not the club has equipment to load. Persons interested in the classes should plan on attending all 6 classes as each class builds on the class before. Questions?? Please call me at 221-4988.

-- Dale Huffman

Christmas Island in 2014

Christmas Island in 2014 - *want to go along?* Allan Craig is organizing a trip and there will be room for 12 anglers at The Villages. The dates are April 29 - May 6, 2014.

This is an ideal location for a first time salt water experience, as the bonefish are numerous, and it's all wade fishing. If you'd like to know more, contact Allan at allanangler@gmail.com or 247-7481. -- Allan Craig

Worried about outliving your retirement savings?



Allen Cordy, CFP®, AAMS®
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 Palo Cedro, CA 96073
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Intermediate Fly Tying Class Schedule

Day	Date	Event	Time	Coordinator	Tyer	Fly
Thu	Dec-5	Intermediate Fly Tying	6:30 PM	Jim Gunderson	You Tube Video	Micro Mayfly
Thu	Jan-16	Intermediate Fly Tying	6:30 PM	Jim Gunderson	Guest Tyer Creighton Smith	Hacker Stacker
Thu	Feb-6	Intermediate Fly Tying	6:30 PM	Jim Gunderson	TBA	TBA
Thu	Mar-6	Intermediate Fly Tying	6:30 PM	Jim Gunderson	TBA	TBA
Thu	Apr-3	Intermediate Fly Tying	6:30 PM	Jim Gunderson	TBA	TBA
Thu	May-1	Intermediate Fly Tying	6:30 PM	Jim Gunderson	TBA	TBA
Thu	Jun-5	Intermediate Fly Tying	6:30 PM	Jim Gunderson	TBA	TBA

If you are interested in attending any of these classes, email Jim Gunderson at jimgunderson@frontier.com

This is an Intermediate Fly Tying Class. If you have not tied before, I would suggest you first take the Beginning Fly Tying Class. The STFF will loan you the tools and vise along with the materials, for a minimal charge, to get you started.

We will be using the STFF Clubhouse classroom at 1872 Buenaventura Blvd. Suite 3, in Redding. The above schedule shows Thursday nights, with most being the first Thursday of the month. There is no cost for taking this class. I'm at the classroom usually by 5:30 PM. You can come early and set up if you like. The class will begin promptly at 6:30 PM.

Prior to the class, I will send an email to everyone who's signed up, explaining the fly we will be tying, etc. Please email me with your reservation at least one week prior to each class so I can make sure we have all the supplies needed. Prior to class, please review the fly pattern we will be tying. Don't forget to bring the needed tools, vise, and thread for that fly (99% of the tying supplies are provided by the club).

This fun, informal, interactive class includes fly tying videos, demonstrations, and occasional guest tyers. Hope to see there!

-- **Jim Gunderson** jimgunderson@frontier.com



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Special Notice

Election of 2014 STFF Officers and Directors

Pursuant to the STFF's bylaws, the following members are herein nominated to serve as officers and directors for the 2014 calendar year:

- President: Dick Recchia
- Vice President: Jim Jensen
- Secretary: Liesje Blank
- Treasurer: Allen Cordy
- Finance Administrator: Don Bovo
- Director: Kathie Burns
- Director: Jerry Marks
- Director: Jim Tornillo
- Director: Ralph Lestarjette

Note: Additional nominations can be made by any member at the December membership meeting prior to the voting by STFF's members.

SEE YOUR PICTURE IN THE NEWSPAPER

The Outdoor Editor at the Record Searchlight is asking for photos of STFF members fishing taken any time after April, 2012, anywhere in the world. Please email me any photos you may have. They do not need to be people holding fish, although those are fine. Photos of Healing Waters people casting would be great. Your photos are great P.R. for our club. Thanks! -- Jerry Marks at jerrymarks@digitalpath.net

SPEY CASTING ON THE RIVER -- DEC 15th

The **third Sunday** of each month, weather permitting, STFF Spey casters, and anyone interested in learning Spey Casting, meet at the **Posse Grounds** area near Turtle Bay **from 9 AM to 12 noon**. Bring your rod or just show up and ask one of the casters to show you how it is done (Note due to water/weather changes I will email any changes of location before the assigned date. To be added/deleted from the lists send me an email at lenheimw@msn.com). From time to time we have a cooked lunch at the area after casting. Questions?? Call me at 530-223-6090.

-- **Bill Lenheim, Spey Casting Chair**

How To Fish Our Local Waters

Frustrated with your fly fishing results?? We may have some answers!

Over the past year we have enjoyed the addition of many new members to STFF. While some of those members are experienced fly fishers, many have not had the opportunity to learn the techniques required to catch fish in our local waters.

We have organized a series of classes entitled "How to Fish Local Waters". These classes will be approximately two hours in duration and will be held at the STFF Classroom.

The first two sessions held in November featured fishing the Trinity and Lewiston Lake with leaders Bill Lenheim and Benson Kanemoto, respectively, and were very well received. Thanks to Bill and Benson!

In January and February, this series will continue on Tuesday evenings with classes held by Craig Nielson, owner of Shasta Trout Guiding Services. The classes will at the STFF Clubhouse starting at 6:30PM. The fee for each Craig Nielson class is \$5 per person.

Note: Please bring note paper and a pen or pencil to each class. Also a camera for taking photos of maps and fly patterns could be useful. No sign-up is required, just show up!

DAY	DATE	EVENT	TIME	LEADER	FEE
Tue	Jan-14	How to Fish Local Waters - Upper Sac	6:30 PM	Craig Neilson	\$5.00
Tue	Jan-21	How to Fish Local Waters - McCloud	6:30 PM	Craig Neilson	\$5.00
Tue	Jan-28	How to Fish Local Waters - Hat Creek	6:30 PM	Craig Neilson	\$5.00
Tue	Feb-4	How to Fish Local Waters - Fall River	6:30 PM	Craig Neilson	\$5.00
Tue	Feb-11	How to Fish Local Waters - Pit River	6:30 PM	Craig Neilson	\$5.00
Tue	Feb-18	How to Fish Local Waters - Manzanita Lake	6:30 PM	Craig Neilson	\$5.00

STFF FISHOUT QUESTIONNAIRE

We are asking members for their feedback as to what Fishouts they may be interested in the upcoming year. If you have not already done so, please print and fill out the **STFF Fishout Questionnaire** (on page 11) and return it to Creighton Smith (either by email or snail-mail). If you have any questions please call 243-4388 or email cr8smith@gmail.com. Thanks. -- Creighton Smith

STFF FISHOUT QUESTIONNAIRE

We are seeking information on the level of interest in possible Fishouts for 2014. Please indicate your level of interest for each Fishout 0=none, 5=definitely would participate.

<u>Water</u>	<u>Guided</u>	<u>Difficulty</u>	<u>Est. Cost</u>	<u>Interest</u>
Baum Lake	No	Beginner	\$25	
Shasta Lake (bass)*	No	Beginner	\$25	
Shasta Lake (trout)*	No	Beginner	\$25	
Lewiston Lake*	No	Beginner	\$25	
Upper Sac.	Semi	Intermediate	\$25	
Hat Creek	No	Intermediate	\$25-50	
Trinity Winter	No	Competent	\$25-50	
Trinity Spring	No	Intermediate	\$25-50	
Fall River**	Available	Intermediate	\$100-200	
Eagle Lake*	Semi	Intermediate	\$100-200	
Klamath Winter**	Yes	Beginner	\$300-500	
Owyhee, OR**	No	Beginner	\$150-300	
Rogue, OR**	Available	Intermediate	\$250-500	

Note on reverse side any other destinations you are interested in.

*=> Water craft needed **=> 2-3 day trip

Return Questionnaire to Creighton Smith, cr8smith@gmail.com or USPS.



Procedure for Selection of Fly Fisher of the Year

- Annually, preceding the annual banquet, the president of STFF will ask the general membership and each of the previous recipients to submit nominations [based upon the criteria listed below] for the award for the current year. In addition, the president may also submit multiple nominations.
- All nominations must be completed using the STFF nomination form which requires a written explanation of the reason the member is being nominated. All nominations should be made in consideration of the criteria that have been established for this award.
- All members whose names are nominated will be submitted to the nomination committee for consideration. The nomination committee will be comprised of all the previous recipients of the Fly Fisher of the Year award plus the president of STFF.
- The nomination committee will submit all the members that are nominated to a vote. The member who receives a highest number of votes will be designated Fly Fisher of the Year.
- A chairperson of the nominating committee will be appointed by the President and will be responsible for obtaining all nominations and administering the voting process by the committee members. Once the voting is completed, the chairperson will report the final result to the President...otherwise the results will not be disclosed until announced at the annual banquet.

Note: In the event of a tie in the final voting, the members receiving the equal number of votes will be submitted to the Board of Directors for a vote. Each Director will have the opportunity to cast only one vote. The name receiving the highest total number of votes will be designated a Fly Fisher of the Year.

The President and Vice President cannot be nominated for this award.

STFF Nomination Form for Fly Fisher of the Year

Note: The President and Vice President cannot be nominated for this award

Date: _____

Name of member making the nomination: _____

Name of member being nominated: _____

Based upon the criteria listed below, provide an explanation as to why the member you are nominating should be considered for this award: [Note: all nomination forms must include a detailed explanation in order to be considered by the nominating committee.] You can use a separate sheet of paper if you need more room to explain.

Signed _____

Nominating member's signature

Award Criteria

Any member nominated for consideration of this award should possess the following attributes:

- Demonstrate enthusiasm for fly-fishing.
- Promote the art, science and skills of fly-fishing.
- Openly share their knowledge and skills.
- Contribute to the advancement of the club's activities.
- Provide support and encouragement to new members.
- Assist others to improve their fly-fishing techniques and skills.
- Enhance the public exposure and reputation of the club.

Note: The completed nomination form should only be submitted to the chairman of the nominating committee before December 21st:

**Bill Lenheim
2825 Eastbrook Drive
Redding, CA 96002**

lenheim@msn.com 530-223-6090

Next Membership Meeting
Wednesday December 11, 2013
6:00 PM at Park Marina Events Center
1800 Park Marina Drive, Redding, CA
STFF December Holiday Buffet
***plus* Annual Photo Contest**
(See page 3 for more information)

STFF Members: Please remember to wear your name badge to all Club functions.

You have all seen this announcement in every Shasta Caster but you might not even have a name badge or have lost your original one. Maybe you are a new member or not able to attend the monthly club meetings, where we have the badges ready for pick-up.

If you do not have a name badge, please contact the Membership Chairman : Art Agnew at 722-0957 or artagnew@att.net

2013 November Fishout
Dec 12 -- Trinity
(See page 3 for more information)

www.shastatrinityflyfishers.org



Casting for Recovery
 A national, non-profit support and
 educational program for
 breast cancer survivors

announces

a 2½ day retreat—*at no cost to the participants*—for women of all ages and in all stages of breast cancer who live in Northern California San Francisco

This Quality of Life program provides counseling and medical education and incorporates fly fishing to promote physical and emotional healing.

- Connect with other women
- Enjoy the beauty of the outdoors
- Learn a new sport
- Focus on quality of life and empowerment



To submit your name for a chance to participate in this retreat:

APRIL 25-27, 2014
INDIAN CREEK LODGE
DOUGLAS CITY, CA

Apply online at www.castingforrecovery.org
 by the February 21, 2014 deadline.

CFR must receive your application by this date.

Participants are selected at random and will be notified of their application status once the selection process is complete.

Casting for Recovery is a 501(c)(3) non-profit organization.

Deadline for Applications is February 21, 2014

If you do not have access to the internet, please mail or fax the form—to be received by CFR by February 21, 2014—to:

Casting for Recovery
 PO Box 1123 · Manchester, VT 05254
 FAX: 802-362-9182 · Telephone: 888-553-3500
 Email: info@castingforrecovery.org

PLEASE PRINT CLEARLY
OR WE MAY NOT BE ABLE TO PROCESS YOUR APPLICATION!!

Today's Date: _____
 I would like to submit my name for a chance to attend this retreat:

Date of Retreat: **April 25-27, 2014**
 Location of Retreat: **Indian Creek Lodge**
Douglas City, CA

Name: _____
 Address: _____
 City: _____
 County: _____
 State: _____ Zip: _____
 Day Phone: (____) _____
 Cell Phone: (____) _____
 Email: _____

How did you hear about CFR?

ca ca ca

~ "This entire weekend was one of the richest experiences of my recovery."
 ~ "I will never forget the sharing, the laughter, and always the kindness of others. And I plan to continue to learn the art of fly fishing."
 ~ "CFR was truly the most 'healing' part of my cancer journey. . . ."