

The Shasta Caster

The Monthly newsletter of the Shasta Trinity Fly Fishers,
An organization dedicated to fly fishing and individuals who love the sport.

www.shastatrinityflyfishers.org

July 2009

The President's _____ Line

Things have been popping around the club -- conservation projects, barbecues, great guest speakers, good fish outs and even shirts, hats and a lot more. I think the club is giving each and every member his dues back two fold. There is a lot more to come in the next 5 months, so stay tuned.

Thanks to **Stew Stewart** and his great cooking crew, well done! The barbeque was a big success and the Rain Gods held off too. I'm sure the gear swap will continue.

Thanks to **Jerry Marks** for agreeing to return to the board, where he belongs. A big thanks' also to **Dennis Black** for moving into the VP position. We now have continuity.

With so many members doing their part for the club, we still need a few more good men, or women for that matter, to help out. Our conservation committee has several projects with the Calif. Dept. of Fish & Game. These are both field projects as well as helping in the F&G office. How about giving **Jim Shilling** a call and see if you can find time to help out (530-474 6187). We are starting to organize the banquet for 2010, so how about calling **Dick Recchia** to see how you might help him (530-547-9720). There are a lot of places the club can use your help -- it doesn't run by itself. HOW CAN YOU HELP?

Speaking of our club shirts, boy, there has been problem after problem with the order, but I'm promised we will have them for the July Meeting! (Bring your money and PU the shirts you ordered.) Yes there will be a few extra's.

I'm very proud as your President how the club has pulled together this year. There is an energy running throughout the club and all of our activities. From fly tying to hospitality to just plain coffee and donuts at fish outs, the energy is there. Let's keep it going.

Tight Lines,

Bill Lenheim
President 2009
223-6090

STFF welcomes these new members:

Kent Hume
2211 Candlewood Dr.
Redding, CA 96003
96001
351-2068
kent@ryanappraisals.com

Frank Hatanaka
8826 Heritage Ct.
Redding, CA
224-4931

New Membership Rosters are available – Contact Doug
Christion at 275-9951

President Bill's Condition

As many of you already know, Bill Lenheim became ill while working on the Redband Trout Program with the Dept. of Fish & Game, a club conservation project, near Alturas on June 15. He was taken to a small local hospital, where he was diagnosed with a possible heart attack. Bill was flown to Mercy Hospital in Redding, where he underwent an angioplasty and stint implant.

Just 5 days later came this, in his own words:

"I have been recovering, slower than what I like, but recovering.... They decided it was a heart attack. Spent 5 days drugged up, poked and prodded. Lots of black and blue areas, but prognosis is good. Some heart damage and may have a defibrillator implanted if needed in a few weeks. Thanks to all who called or sent cards, emails and such."

STFF Members wish Bill a speedy recovery!

Club Officers and Directors

Officers

President	Bill Lenheim lenheim@sbcglobal.net	223-6090
Vice Pres	Dennis Black denpfs@pacbell.net	241-8310
Secretary	Alan Jones jerialan@sbcglobal.net	246-2528
Treasurer	Jeff Collins jcollins@matson-isom.com	244-4980

Directors

Dave Allred dandtallred@sbcglobal.net	243-2682
Doug Christion patty.doug@gmail.com	275-9951
Jerry Marks marks@clearwire.net	365-6893
Jim Shilling shilling_7982@yahoo.com	474-6187
Allen Slattery (past pres) ajeslattery@yahoo.com	474-5271

Committee Chairpersons

Annual Banquet	Dick Recchia rdrservices@frontiernet.net	547-9720
Conservation	Jim Shilling shilling_7982@yahoo.com	474-6187
Fishouts	Jerry Marks marks@clearwire.net Earl Johnston johnstonle@aol.com	365-6893 275-0206
Fly Casting	Guy Manning grhen@ix.netcom.com	351-5485
Fly Tying	Dale Huffman dalesfishing@sbcglobal.net R. L. "Stew" Stewart rlstewart@frontiernet.net	221-4988 474-5748
Newsletter	Bary & Marsha Caranci caranci@aol.com	242-6554
Programs	Art Agnew artagnew@digitalpath.net	722-0957
Membership	Doug Christion patty.doug@gmail.com	275-9951
Hospitality	Jerry Marks marks@clearwire.net	365-6893
Youth Program	Art Agnew artagnew@digitalpath.net	722-0957

Calendar of Events

July 2009

- Every **MONDAY** - Open Casting Practice
Redding Convention Center Lawn
6:00 p.m. (*Note change of day*)
- 1** Board of Directors Meeting
Offices of Matson & Isom
292 Hemsted, Redding
Meeting begins at 6:30 p.m.
- 7** Tuesday Fly Tying Jam Session
Good Time Pizza, Palo Cedro
5:30 – 8:30 p.m.
- 8** Membership Meeting
Redding Library at 7:00 p.m.
Eagle Lake Fly Fishing -- Jay Fair
- 14** Fishout – Upper Sacramento River
Fishmaster – Gerald Nelson
- 23** Breakfast gathering
Country Kitchen at 8:30 a.m.

August 2009

- Every **MONDAY** - Open Casting Practice
Redding Convention Center Lawn
6:00 p.m. (*Note change of day*)
- 2-5** Fishout – Klamath Lake
Fishmaster – Fred David
- 4** Tuesday Fly Tying Jam Session
Good Time Pizza, Palo Cedro
5:30 – 8:30 p.m.
- 5** Board of Directors Meeting
Offices of Matson & Isom
292 Hemsted, Redding
Meeting begins at 6:30 p.m.
- 12** Membership Meeting
Redding Library at 7:00 p.m.
- 14** Fishout – Iron Canyon Reservoir
Fishmaster – Don Wieseman
- 27** Breakfast gathering
Country Kitchen at 8:30 a.m.

STFF 2009 FISHOUT SCHEDULE

<u>MONTH</u>	<u>DAY</u>	<u>WATER</u>	<u>FISHMASTER</u>
July	Tuesday 14	Upper Sac	Gerald Nelson
August	Sun-Wed 2-5	Klamath Lake, OR	Fred David
August	Friday 14	Iron Canyon Res.	Don Wieseman
September	Friday 11	Upper Sac.	Gerald Nelson
September	Wednesday 23	McCloud Res.	Bill Hale
October	Sun-Wed 25-29	Rogue River	Jerry Marks
November	Thu-Sat 5-7	Delta Striperfest	Art Agnew
November	Thursday 12*	Trinity Steelhead	Ross Morrison
*(note change of date)			
December	Friday 11	Lower Sac Float	Walt Cole

Bonus Fishouts to be announced. All fishouts are subject to change.

Please sign up at our monthly meeting or call the Fishmaster to do so. If you sign up and later find that you can't attend, please advise the Fishmaster.

Tight lines to all,
Earl Johnston & Jerry Marks, Fishout Committee Co-chairs

Special Thanks From Stew Stewart

Hope everyone had a great time at the Annual Barbecue. Special thanks to the following people for helping:

Ken & Edna Brown
Dick & Sandy Johnson
Gary & Pattie Sharrock
Doug & Pat Christion
Glen Pudwill & Pat DeCosta
Sharon Webb
Ray Radley
Allen Slattery
Jay Rawitzer



UPPER SAC FISHOUT JULY 14

This replaces the Pit River Fishout due to uncertain water releases
while new generators are installed in the dams at Pit 3 and Pit 4

Fishmaster - Gerald Gerald Nelson

Meeting Site: Ted Fay Fly Shop 5732 Dunsmuir Ave, Downtown Dunsmuir

8:00 AM Arrival coffee and donuts served in front of the fly shop.

8:30 AM A short presentation on how to catch-em will be made by Bob Grace and Joe Kimsey at the shop. River access maps will be available there. As soon as everyone is finished buying their toys, we will split into several groups to fish.

Equipment: 3 to 6 wt rods, rigged for high-sticking, straight line, or swinging as per your preference casting dries are a possibility.

Flies: Birds Nests, Micro May Fly's and Parachute Adams are always winners on the Upper Sac but please call Bob Grace or Joe Kimsey at Ted Fay's 235-2969 for the latest hatch information. They are expecting your call and will be happy to answer all your questions.

Lunch: Bring your own or eat in Dunsmuir which is only about 12 minutes, max, from the farthest fishing access. We suggest the Burger Barn -- great food, and waders are okay for outside seating.

Any questions or concerns please call your fishmaster at 638-6633.

Those wishing to carpool please call Jerry Marks 365-6893.

Shasta Lake Bass Fishout Report

By John Gantner

Twenty-four members enjoyed a fine day of bass fishing on the Shasta Lake outing (a club record number of participants). Just about everybody caught fish, with some catching 20 or more. The weather was cooperative and the conditions were fine. The upper Pit River arm provided good bass activity throughout the day. Everything from Jerry's coffee and donuts, through lunch at the picnic area on Arbuckle Flats, and the fishing were above expectations.



Jerry & Dick with a prize catch??



Jerry with a real catch of the day

Broken Lines

Many thanks to Bill Lenheim, Gerald Nelson, Tim Peters and John Thorn for participating in the Red Band Trout Survey. Tim and Gerald teamed up for the first week and John, Bill and I teamed up for the second week. Our job was to walk down various streams with the DFG biologist who shocked the fish and we were supposed to scoop up the stunned fish with nets. The DFG biologist would cut a sample from the caudal fin which then gets sent to UC Davis for DNA testing to determine the genetics of the fish. Going into the project I thought that the fish would get shocked then float up to the surface and would be easy pickings. Instead the trout get shocked for about a second and then take off like a bullet. It's about the same as trying to catch a greased pig on methamphetamine.

We learned a lot, especially about where fish hide. Sometime we would find fish in the most unlikely places e.g. very shallow water with minimal cover and the typical fishy looking places didn't have any fish. A real plus to the trip is that the DFG biologists spend a lot of time mapping streams and we were able to find and fish some very good streams in some beautiful country. We will have future opportunities for trout surveys and I encourage anyone that's interested to let me know. Tim, Gerald and John have all said they would like to do it again. Unfortunately, as you all know Bill Lenheim had a heart attack while working on the survey on the North Fork of the Pit River. Get well soon Bill!

The next project for the club is working on the Angler Surveys signs. If you have an interest please let me know. New signs have been made and the next step is to get them put up. More to follow.

One other project involves rescuing trout that have been stranded by receding water levels. We'll be moving trout from inhospitable areas to better spots. More to follow.

Jim Shilling
Conservation Director

OCTOBER FISHOUT
SECOND ANNUAL STEELHEAD ADVENTURE & BASH
ON THE ROGUE RIVER
October 25-28

HEADQUARTERS AT SHADY COVE, OR.

Wade and/or float the world famous HOLY WATER to Touvelle and beyond! Low, E-Z to wade flows!

MOTELS*

Edgewater Inn (modern) 1-888-811-3171 Nightly rates: \$106 for 2 queen beds with river view or \$81 with no river view, \$117 for 1 king & kitchen. Continental breakfast included 6:30 to 9:30am
Royal Coachman (rustic) 541-878-2481 Nightly rates: \$50 for 1 bed, \$60 for 2 beds, plus room tax.

RV PARKS (both located on river)

*Rogue River RV Park 541-878-2404 (**Headquarters**) \$37.56 river view, \$28.89 no river view per night.
Fly Casters RV Park 1-800-806-4075

FLY SHOP & PONTOON BOAT RENTAL

Fishin Hole Fly Shop 541-878-4000 Call for rental rates.

FOOD

Two Pines Smoke House Open 8am to 8pm
Picnic Basket Deli 541- 878-4003(order by 6pm for next day pick up at 8am) Open 8am to 6pm.
Miguel's Mexican Restaurant 541-878-9431
Bel Di's Restaurant Five star dining on the river(expensive)

RECOMMENDED GEAR

Cleated wading boots, wading staff, winter clothing, rain gear, 6wt-8wt rods, and 6 to 12# test leader, 1x-3x tippet. This river is famous for indicator nymph fishing and swinging nymph patterns. Trinity River flies will work just fine. A "StreamTime" map of the Rogue available at THE FLY SHOP. Jeff Fox, co-owner and guide at the Rogue Fly Shop (at Grants Pass 541-476-0552) is our guest speaker for the October 14th meeting and will discuss flies, techniques and tactics for our fishout on the Rogue. Jeff will demonstrate how to tie some of his favorite flies at 6 pm before the meeting. Materials will be available.

FUN EVENTS

Jeff Fox will lead a **fly tying jam session** Sunday evening so bring your tools. Materials provided by STFF. Non-tiers are welcome to participate in the tall tales. Cocktails available if you bring your own.

We will have a **POT LUCK BBQ & cocktail party** on Monday evening. Please bring your own meat, beverage ,and a side dish, salad or desert. Who brings what to be determined by Oct 15th.

GUIDE SERVICE DISCOUNTED RATES We have made special arrangements with the Rogue Fly Shop for guides. Rates vary from \$375 to \$325 for 2 rods including lunch, depending on how many guides our club members hire. A \$50 deposit is required and is refundable until 10-12 or later if they re-book your reservation. Please call them to book and advise Jerry so we can have advance knowledge of our rate. It's busy season, so don't wait; first come, first served.

FISHING LICENSE: \$12.00-1 day, \$22.50-2 days, \$33.00-3 days. Available in advance via fax or mail at Oregon Fish and Wildlife, www.dfw.state.or.us/ or at the Fishin Hole if their computer is up. Suggest advance purchase.

TO SIGN UP: Please contact Jerry Marks marks@clearwire.net 365-6893 no later than Oct 14th. Singles wanting to partner up for room and/or guide please coordinate with Jerry.

Please make your own rooming and RV space reservation. First come, first served. Remember to say you are a STFF member for the discount rate.

For more information and a business directory, please go online to www.shadycove.net/

Fish Camp Scholarship Winners Announced

The Fish Camp Scholarship Committee is pleased to announce that Shasta Trinity Fly Fishers and the Shasta Mayflies awarded full scholarships to Fish Camp 2009 to the following applicants. Selection was based on the quality of the essays, which were submitted as part of the application process, excerpts of which are included here. We received a record number of applications this year, making the selection process really hard. Congratulations to the winners!

Zach Cardoza, an 11 year old boy from Mt. Shasta, wrote the following:

"I'm an eleven year old boy who loves the outdoors... When I watch people fly fish it looks like a lot of fun. I'd like to learn to tie my own flies so I can use them when I fish. I'd like to learn what kinds of bugs hatch in different times of the year, and what kind of bugs trout like to eat. Fly fishing looks like it takes hard work to learn and I'd like to learn it the right way, and go to some really great fishing spots and make special memories."

Jason Lee, a 10 year old boy from Redding, wrote:

"Fish Camp would be a great opportunity for me to learn the proper way to fly fish. I live with my father and brother. They both love to fish and I would love to learn all about fly fishing so I can come back and teach them both how to fly fish. Then we can all fly fish together. My great grandfather used to fly fish and he gave me and my brother all of his tools and supplies. I would like to learn how to use them. We went to the Sports Show this year and the Shasta Trinity FlyFishers had a booth there. They were really nice and friendly. They took me and my brother up on stage and showed us how to tie flies. They even gave us some of their own. I love fishing, and to be able to teach my dad and brother how to fly fish would be a dream come true."

Connor Ebel, a 12 year old boy from McCloud, wrote:

"Recently my grandpa gave me a fly rod and I would like to learn how to fly fish and tie my own flies. If I get this chance to go to Fish Camp I can also teach some of my friends to fly fish and help keep the sport of fly fishing alive..... When I have seen people fly fishing it looks like it is a challenge to cast and keep the line from becoming a tangled mess, but at the same time it looks very fun."

Georgia MacCrone, an 11 year old girl from Mt. Shasta, wrote:

"I would like to go to Fish Camp this year because I think it is a great chance to become a responsible angler. I want to be a good role model for my friends, my younger relatives, and my little brother..... I really like to go fishing with my dad. Me and my dad are like best pals! We always go fishing – I use the rod & reel, and he uses the fly rod. I would really, really, really like to learn how to fly fish so I can be just like my dad. Thank you for your time to read my application and to learn more about me. Who knows, if this all turns out, maybe I can meet my "Prince Nymph Charming!" ..."

KIDS FISH DAY AT MT. SHASTA HATCHERY

Eight volunteers from STFF helped out at the Kids Fish Day – thanks a million for the help. Next dates are July 18th and Aug 22nd.

Earl Johnston, Coordinator 275 0206 johnstonle@aol.com



Fly Girls Fund Raiser -- Casting for Recovery

Our club made a huge contribution to the Casting for Recovery Fly Girls fund raising event for survivors of breast cancer at Rolling Hills Casino on May 2nd and May 30th.

We were able to help nearly two hundred ladies learn about the sport of fly fishing. We demonstrated entomology, knot tying, fly tying, and casting. Several club members brought boats and we were able to take many of the ladies for an hour of fishing on Luk Lake. Several of the ladies caught fish and even those that didn't were thankful for the experience.

It is great to see our club expanding to give back to the community in new ways. Thank you to the following STFF volunteers: Bill Lenheim, Dennis Black, Norm Brown, Dick Recchia, Jeff Collins, Allen Slattery, Alan Jones, Stew Stewart, Bill Hale, Tony Holdren, Barry Miller, Chris Haedrich, Allan Craig, Gerald and Linda Nelson, Doug Christion, Dale Huffman and Stan Holt.

Dennis Black, VP



SAVE A LIFE LEARN CPR

The majority of our membership is over age 65 and the chance of a heart attack or stroke increases with age. We all go fishing in places far away from medical facilities with no cell phone service. This decreases our chance of survival if stricken. However, if our fishing buddy knows CPR it could change things, not to mention the life saving aspects of rendering CPR while the Paramedics are in route after calling 911 any place, any time.

STFF is hosting a CPR class on August 20th at the Redding library at 2PM for its members and their families. We have made arrangements for a Certified CPR instructor to teach the class for the reduced rate of \$20.00 per person. This is about half the going rate and the best insurance buy of your life. The class takes just 3 hours and you can earn a 2 year certification.

If you are interested in attending please email Jerry Marks marks@clearwire.net or sign up at the July Meeting. This class will be fun. Spouses are encouraged to attend. We will learn the "mouth to mouth" method. Refreshments will be served.

Tight lines and long life,

Your STFF hospitality committee

TUESDAY FLY TYING

July 7, 2009 5:30 p.m. to 8:30 p.m.
Good Time Pizza, 22049 Old 44 Drive, Palo Cedro (1 block east of Deschutes)

Featured tyer – Bob Vanderhyde

Flies and materials (bring your own materials – there will be no charge for the session):

King's River Caddis

Hook: Standard dry fly size 14
Thread: Brown 6/0 or 8/0
Body: Light brown dubbing for dry fly
Wing: Mottled turkey Wing Quill
Hackle: Brown or Furnace Dry Fly
Cement for strengthening the wing
(Dave's Fleximent for example)

Herl Nymph

Hook: Tmc 5262 or Mustad 9761 – size 8 or 10
Weight: .015 "lead" wire
Abdomen: Peacock herl
Thorax: Black ostrich herl
Legs: Black hackle fibers

Anatomical Green Drake

Hook: TMC 3761 or Mustad 3906B Size 14
Bead: black 3/32"
Thread: Brown or Tan 8/0 or 6/0
Weight: .015 "lead" wire
Tail: Brown Turkey quill or Pheasant Tail fibers
Rib: Fine gold wire
Gills: Brown Dry Fly Hackle
Back and Wingcase: Mottled Turkey Quill (+ light brown or clear scud back optional)
Abdomen: Light hare's mask dubbing
Legs: Natural Partridge Feather Fibers
Thorax: Same as abdomen

Black Stonefly Nymph

Hook: TMC 5262 or Mustad 9761 size - 8 or 10
Thread: Black 6/0
Weight: .015 - .020 "lead" wire
Tail and Antennae: Black Goose or Turkey biots
Legs: Black rubber leg material
Rib: Small black V-rib
Body: Black dubbing
Wing and Head: Dark Turkey Wing Quill
Cement for strengthening the wing (see above)

Bob may substitute the more difficult Anatomical Green Drake for any of the above if there is time, but it's more complex.

Want to save a Tree? Want to save your Club a Little Money?

Take the Shasta Caster On Line. Sign up to discontinue your hard copy of the STFF newsletter.

Contact Doug Christion at patty.doug@gmail.com or call him at 275-9951.

Just go to www.shastatrinityflyfishers.org, then go to the link at the top of the page that says "MEMBERSHIP & NEWSLETTER". Or scroll down the Home Page until you see CASTER. You can print it out if you want a hard copy.

Open Casting schedule change

Starting in July, the open casting day will change from Tuesday to Monday to accommodate Woody. So, beginning July 6 we will meet on Monday evenings through the end of September, at the Redding Convention Center lawn.

Advertisements



Tim Fox
Retail Manager

4140 Churn Creek Road Redding, CA 96002
(530) 222-3555 Toll Free: (800) 689-3474 FAX: (530) 222-3572
email: tim@theflyshop.com www.theflyshop.com

01/01/10

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06/01/10



dave allred
SCULPTOR

www.artistdavidallred.com

Email: dandallred@sbcglobal.net
3120 winding way, redding, california 96003
(530) 243-2682 or cell: (530) 524-3458

08/01/09

Please support these advertisers – they support our club through their contributions.

July Membership Meeting

Wednesday, July 8 7:00 p.m.
Redding Library

Eagle Lake Fly Fishing

This month we are treated to a program presented by fellow club members Jay & Glenn Fair on how to effectively fish Eagle Lake. Jay, dubbed the "Sage of Eagle Lake", and Glenn are on top of the list when it comes to still water fly fishing anglers and they have spent decades pursuing the fantastic Eagle Lake strain rainbow trout.

Over the years Jay and Glenn have developed patterns and techniques to effectively fish Eagle Lake and these will be discussed at July's Membership Meeting.

This should be a real treat for anyone interested in learning more about Eagle Lake and the legendary Jay Fair.

Jay and Glenn will be presenting a fly tying session of their favorite patterns prior to the meeting beginning at 6:00 PM.